

# 3x4 Cha Cha

拍数: 32      墙数: 4      级数: Improver  
编舞者: John McFarland (USA)  
音乐: We Dared the Lightning - The Bellamy Brothers



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## SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

1&2      Shuffle right, left, right  
3&4      Shuffle left, right, left

## RIGHT ½ PIVOT, RIGHT ½ PIVOT

5&6      Pivot ½ turn left on right facing rear line of dance  
7&8      Pivot ½ turn left on right facing rear line of dance

## HEEL TAPS TOE TAPS – KICK, BALL, CHANGE

9-10      Tap right heel forward twice  
11-12      Tap right toe back twice  
13-14      Tap heel forward, tap toe back  
15      Kick right forward  
&      Step on ball of right bringing weight of left off floor slightly  
16      Change weight back to left

## CROSS/STEP OVER WITH TOE TOUCH TO THE SIDE

17-18      Cross right over left taking weight, touch toe left out to left side  
19-20      Cross/step left over right taking weight, touch right out to right side

## CROSS/STEP BEHIND, WITH TOE TOUCH TO THE SIDE

21-22      Cross/step right behind left, weight on it, touch left toe to left side  
23-24      Cross/step left behind right, weight on it, touch right toe to right side

## ROCK/STEP FORWARD RECOVER BACK, TRIPLE STEP TURNING ¼ RIGHT

25-26      Rock/step right forward, bending right knee, recover/step back on left  
27&28      Triple step in place turning ¼ right (right-left-right)

## SHUFFLE BACK, ROCK/STEP BACK, RECOVER FORWARD LEFT

29&30      Shuffle back left, right, left  
31-32      Rock/step back on the right, recover/step forward right

REPEAT

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