

拍数: 32      墙数: 4      级数: Intermediate/Advanced  
 编舞者: Guyton Mundy (USA), Cody Stevens (USA) & Joey Warren (USA)  
 音乐: Put Your Hands - Trin-i-tee 5:7



**Start the dance 12 counts into the music**

1            Kick right to right side  
 &            Step right beside left  
 2            Kick left to left side  
 &            Hitch left foot  
 3            Kick forward left  
 &            Hitch left foot  
 4            Step left forward  
 5            Skate right to right, 45 degrees to the right  
 6            Skate left to left, 45 degrees to the left  
 7&8        Triple-step, right-left-right, ¼ to the right (facing 3:00 wall)

1            Sweep left, making a ½ turn to the right (facing 9:00 wall)  
 2            Step down left to left side  
 &            Step right behind left  
 3            Press left to left  
 &            Left knee pop in  
 4            Step left down, making a ¼ turn to the left (facing 6:00 wall)

**"SLIDE-N-GLIDE" BOX (FINISHES FACING 6:00 WALL)**

5            Slide right foot forward, making ¼ turn left  
 6            Slide left back, making ¼ turn left  
 7            Slide right foot forward, making ¼ turn left  
 8            Slide left foot forward, making ¼ turn left

1&          Kick right forward and step down right  
 2&          Lock left behind right, step right forward  
 3&          Kick left forward and step down left  
 4&          Lock right behind left, step left forward  
 5&          Kick right forward, step down right, turning ¼ to left  
 6            Step left back (you are now facing 3:00 wall)  
 7-8        Press hands down with body roll down, twice, transferring weight to right

1            Kick left to left side  
 &            Step left beside right  
 2            Kick right to right side  
 &            Step right beside left  
 3            Touch left to left side  
 4            Step down left and pivot ¼ to left and roll shoulders into the turn  
 5            Scuff right and pivot ¼ to left and continue to roll shoulders (still on left foot)  
 &            Hitch right foot  
 6            Step right to right side (now facing 9:00 wall)  
 7            Step left to left side, rolling left shoulder down and into step  
 8            Touch right to left (leaving weight on left foot)

REPEAT

---