

A Thousand Times

拍数: 48 墙数: 4 级数: Improver
编舞者: Tony Stanton (UK)
音乐: I Told You No A Thousand Times - Stacy Dean Campbell



- 1 Tap right heel forward
- 2 Touch right toe out to right
- 3 Step right foot behind left
- 4 Unwind $\frac{1}{2}$ turn to the right
- 5&6 Step left to left, close right
- 7 Turn $\frac{1}{2}$ turn to right, weight on left, stepping right foot to right
- 8 Turn $\frac{1}{2}$ turn to right, weight on right, stepping left foot to left

- 9 Step right foot back behind left
- 10 Rock forward on to left
- 11&12 Step right foot to right, close left to right, step right foot to right
- 13 Turn $\frac{1}{2}$ turn to left, weight on right, stepping left foot to left
- 14 Turn $\frac{1}{2}$ turn to left, weight on left, stepping right foot to right
- 15 Step left foot back behind right
- 16 Rock forward on to right

- 17 Step forward left
- 18 Turn $\frac{1}{2}$ turn to right
- 19&20 Step left foot forward, slide right to left, step left foot forward
- 21 Touch right toe to right
- 22 Cross right in front of left
- 23 Touch left toe to left
- 24 Cross left in front of right

- 25 Touch right toe to right
- 26 Cross right in front of left
- 27 Cross left in front of right
- 28 Unwind $\frac{1}{2}$ turn to right, weight on right

- 29-38 Repeat steps 17-28
- 39 Cross right in front of left
- 40 Unwind $\frac{3}{4}$ turn to left, weight on left

- 41 Rock back on right foot
- 42 Rock forward on to left
- 43&44 Step forward on right, slide left to right, step forward right
- 45 Step left foot forward
- 46 Turn $\frac{1}{2}$ turn to right
- 47&48 Step left foot forward, slide right to left, step forward left

REPEAT