

# Thong!

拍数: 64      墙数: 4      级数: Improver  
编舞者: Helen Morton (UK)  
音乐: Thong Song - Sisqó



## STEP, SCUFF, CROSSING BACK STEPS

- 1            Step left foot forward
- 2            Scuff right foot
- 3&4        Cross right over left, step back left, step right to right side
- 5&6        Cross left over right, step back right, step left to left side

## STEP, SCUFF, CROSSING BACK STEPS

- 7            Step right foot forward
- 8            Scuff left foot
- 9&10      Cross left over right, step back right, step left to left side
- 11&12     Cross right over left, step back left, step right to right side

## CROSSING SHUFFLE, ROCK RECOVER TWICE

- 13&14     Cross left over right, step right to right side, cross left over right
- 15-16     Rock right to right side, replace weight on left
- 17&18     Cross right over left, step left to left side, cross right over left
- 19-20     Rock left to left side, replace weight on right

## SAILOR STEP TWICE, ½ TURN RIGHT, ¼ TURN RIGHT

- 21&22     Step left foot behind right, step right to right side, step left to left side
- 23&24     Step right foot behind left, step left to left side, step right to right side
- 25-26     Step left foot forward, pivot ½ turn right
- 27-28     Step left foot forward, pivot ¼ turn right

## COASTER STEP, TURNING JAZZ BOXES

- 29&30     Step left foot back, step right foot next to left, step left foot forward
- 31-34     Cross right foot over left, step left foot back, step right foot to right side turning ¼ turn right, step left next to right
- 35-38     Repeat steps 31-34

## SIDE, TOGETHER, SHUFFLE, ROCK, RECOVER

- 39-40     Step right to right side, step left foot next to right
- 41&42     Step right to right side, step left next to right, step right to right side
- 43-44     Rock left foot over right, replace weight on right

## SIDE, TOGETHER, SHUFFLE, ROCK, RECOVER

- 45-46     Step left to left side, step right foot next to left
- 47&48     Step left to left side, step right next to left, step left to left side
- 49-50     Rock right foot over left, replace weight on left

## TURN, KICK BALL CHANGES TWICE

- 51-54     Step right ¼ turn right, step left to left side turning ½ turn right, step right ½ turning right, step left next to right
- 55&56     Right kick, step on ball of right, change weight to left
- 57&58     Repeat steps 55&56

## TURN, COASTER STEP, ROCK, RECOVER

59-60 Step right  $\frac{1}{4}$  turn right, step left foot back  $\frac{1}{2}$  turn right  
61&62 Step right back, step left next to right, step forward right  
63-64 Rock back on left, replace weight on right

**REPEAT**

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