# This Way Please!



拍数: 32 编数: 2 级数: Intermediate

编舞者: Joseph Yip (SG)

音乐: Don't Leave Me This Way - Thelma Houston



Start after approximately 20 seconds into music, this is when the beat sets in with her doing aaaah! Specially written for dancers from the Grassroots Club

#### 1/4 RIGHT, PIVOT 1/2 RIGHT, CHASSE 1/4 RIGHT, SAILOR, SAILOR 1/4 LEFT

1-2-3 Step ¼ right on right, left forward, pivot ½ turn right

Step ¼ left to left, right next to left, left to left
Right behind left, left to left, step right in place

Step left behind right turning 1/8 left, right to right turning 1/8 left, step left forward

## SWAY RIGHT, LEFT, SIDE, TOGETHER, BACK, 1/4 LEFT CHASSE, 1/2 LEFT MILITARY TURN

2-3 Right to right swaying right, left to left swaying left 4&5 Right to right, left next to right, step right back

Left to left, right together left, left forward turning ¼ left Right forward turning ½ left, left next to right, right forward

### WALK LEFT, RIGHT, ROCK, STEP, BACK, WALK RIGHT, LEFT, MAMBO 1/2 RIGHT

2-3 Step left forward, right forward

4&5 Rock forward on left, right in place, left back

6-7 Step back on right, left back

8&1 Rock right on right, rock onto left turning ½ right, step right next to left

## 1/4 LEFT CHASSE, ROCK/TAP STEP, 1/4 RIGHT, CHASSE, STEP

2&3 Left to left, right together left, left forward turning ¼ left

4&5 Right foot rock forward, tap toe of left foot behind right foot with calves crossed, recover

weight to left foot turning 1/4 right

Right to right, left next to right, right to right, left forward (starting a pivot!)

#### **REPEAT**