

# This Old Heart

拍数: 48      墙数: 4      级数: Improver  
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音乐: This Old Heart of Mine - The Isley Brothers



## SLOW SAILOR STEPS RIGHT & LEFT, BEHIND TOUCH, PIVOT ½ TURN RIGHT

1-2-3      Cross step right behind left, step left to left side, step right to right side  
4-5-6      Cross step left behind right, step right to right side, step left to left side  
7-8      Touch right back, pivot ½ turn right, (weight ending forward on right)

## KICK BALL CHANGE, STEP FORWARD, TAP BEHIND, BACK LOCK STEP, BEHIND TOUCH, PIVOT ½ TURN LEFT

1&2      Kick left forward, step down on left, step forward on right  
3-4      Step forward on left, tap right behind left  
5&6      Step back on right, lock step left over right, step back on right  
7-8      Touch left back, pivot ½ turn left, (weight ending forward on left)

## RIGHT SIDE, CROSS IN FRONT, SIDE, KICK, LEFT SIDE, CROSS IN FRONT, SIDE, KICK

1-2      Step right to right side, cross step left over right  
3-4      Step right to right side, kick left forward to left diagonal & click fingers  
5-6      Step left to left side step, cross step right over left  
7-8      Step left to left side, kick right forward to right diagonal & click fingers

## BACK ROCK, RECOVER, RIGHT CHASSE, TAP ACROSS, SIDE, ACROSS, SIDE STEP LEFT

1-2      Rock back on right, rock forward on left  
3&4      Step right to right side, step left next to right, step right to right side  
5-6      Tap left toes forward & across to right diagonal, tap left toes out to left side  
7-8      Tap left toes forward & across to right diagonal, step left out to left side

## JAZZ BOX ¼ TURN RIGHT, LOCK STEP FORWARD, CHASSE RIGHT

1-2-3      Cross step right over left, step back on left, turn ¼ right stepping right to right side  
4-5-6      Step forward on left, lock step right behind left, step forward on left  
7&8      Step right to right side, step left next to right, step right to right side

## BACK ROCK, KICK BALL CROSS TWICE, BIG STEP LEFT, DRAG IN RIGHT

1-2      Rock back on left, recover on to right  
3&4      Kick left diagonally forward left, step ball of left back to place, cross step right over left  
5&6      Kick left diagonally forward left, step ball of left back to place, cross step right over left  
7-8      Step left long step to left side, drag in right towards left keeping weight on left

**REPEAT**

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