

# This Must Look Bad

COPPERKNOB  
STEPSHEETS

拍数: 56      墙数: 4      级数: Intermediate/Advanced polka  
编舞者: Teea Riihuhta & Hanne Riihuhta  
音乐: Two More Pairs Of Feet - Tony Lewis



## 2 SHUFFLES MOVING BACKWARD TURNING A FULL TURN TOTAL, SHUFFLE BACK, COASTER STEP

1&2      Right shuffle back turning ½ right (right, left, right)  
3&4      Left shuffle forward turning ½ right left, right, left  
5&6      Right shuffle back right, left, right  
7&8      Step left back, step right next to left, step left forward (left coaster step)

## RIGHT SHUFFLE FORWARD, BRUSH, HOOK & TURN ½, REPEAT WITH LEFT FOOT

1&2      Right shuffle forward right, left, right  
3-4      Brush left forward, hook left over right as you turn ½ right (weight on right)  
5&6      Left shuffle forward left, right, left  
7-8      Brush right forward, hook right over left as you turn ½ left (weight on left)

## JUMP OUT, JUMP CROSS, UNWIND, HOLD, KICK, KICK, KICK TWICE

1-2      Jump and land with both feet apart, jump and land with right crossed over left  
3-4      Unwind turning ½ left over counts 3-4  
5&6&      Kick right forward & across left, step right next to left, kick left forward & across right, step left next to right  
7-8      Kick right forward & across left twice

## TURN ¼ RIGHT & SHUFFLE FORWARD, ½ TURN RIGHT, SYNCOPATED STEP SLIDES, TOUCH SIDE

1&2      Turn ¼ right and do a right shuffle forward right, left, right  
3-4      Step left forward & turn ½ right, step right in place  
5&6&7-8      Step left forward, slide right up to left, step left forward, slide right up to left, step left forward, touch right toe to right side

This resembles a "gallop" like a horse

## SAILOR SHUFFLE WITH A WRONG WAY TURN (LEFT), SAILOR SHUFFLE, WALK, WALK, SHUFFLE TURN

1&2      Cross right behind left, step left in place turning ¼ left, step right in place - feet slightly apart (right sailor shuffle with a ¼ turn left)  
3&4      Cross left behind right, step right to right side, step left in place (left sailor shuffle)  
5-6      Step right forward, step left forward  
7&8      Right shuffle turning ½ left (right, left, right)

## LEFT COASTER STEP, RIGHT SHUFFLE FORWARD, KICK TURN COMBINATION

1&2      Step left back, step right next to left, step left forward  
3&4      Right shuffle forward right, left, right  
5-6      Kick left forward, turn ½ right on ball of right foot & kick left back  
7-8      Kick left forward, turn ¼ right on ball of right foot & kick left back

## 2 SHUFFLES MOVING FORWARD TURNING A FULL TURN RIGHT, ROCK STEP FORWARD, LEFT COASTER STEP

1&2      Left shuffle forward left, right, left turning ½ right  
3&4      Right shuffle back right, left, right turning ½ right  
5-6      Rock left forward, step right in place  
7&8      Step left back, step right next to left, step left forward

**REPEAT**

Toward the end of the song there is a slow down & stop. This happens on the "gallop". Just wait until you hear the beat cues to start back up again, and continue where you left off!

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