

# This Is Us

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: David Cheshire (AUS)  
音乐: This Is Us - Mark Knopfler & Emmylou Harris



## VINE RIGHT, CROSS PIVOT ½ TURN RIGHT, HEEL, TOE

1-4              Step right to right, step left behind right, step right to right, cross left over right  
5-8              On balls of feet pivot ½ turn right, step forward on right heel, drop right toe

## VINE LEFT, CROSS PIVOT ½ TURN LEFT, HEEL, TOE

9-12             Step left to left, step right behind left, step left to left, cross right over left  
13-16            On balls of feet pivot ½ turn left, step forward on left heel, drop left toe

## CROSS STEP, HOLD, ½ TURN HEEL BOUNCES, SLOW COASTER, SCUFF

17-20            Cross right over left, hold, unwind ½ turn left with 2 heel bounces  
21-24            Step back on left, step right next to left, step forward on left, scuff right forward

## REPEAT STEPS 17-24

25-28            Cross right over left, hold, unwind ½ turn left with 2 heel bounces  
29-32            Step back on left, step right next to left, step forward on left, scuff right forward

## CROSS ROCK, SIDE, HOLD, CROSS ROCK, ¼ TURN, HOLD

33-36            Step right across left, recover on left, step right to right, hold  
37-40            Step left across right, recover on right, turn ¼ turn left stepping left forward, hold

## STEP PIVOT ¼ TURN LEFT, STEP HOLD, STEP PIVOT ½ TURN RIGHT, STEP, HOLD

41-44            Step forward on right, pivot ¼ turn left, step forward on right, hold  
45-48            Step forward on left, pivot ½ turn right, step forward on left, hold

## TURN, HOLD, TURN, HOLD, STEP, LOCK, STEP, SCUFF

49-50            Step back on right foot turning ¼ left, hold  
51-52            Step forward on left foot turning ¼ left, hold  
53-56            Step forward on right, step left behind right, step forward on right, scuff left forward

## STEP PIVOT ½ TURN, STEP PIVOT ¼ TURN, STEP, SKATE STEPS X 3, HOLD

57-58            Step forward on left & pivot ½ turn right  
59-60            Step forward on left & pivot ¼ turn right  
61-64            Sweep left foot forward to the left at diagonal, repeat with right & left foot, hold

## REPEAT

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