

This Is How We Party

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jessie Summerell (AUS) & Ben Summerell (AUS)
音乐: This Is How We Party - S.O.A.P.



ROCK, STEP, SHUFFLE, SPIN, SHUFFLE

1-2-3&4 Rock right to right, step left, left shuffle on right
5&6&7&8 Full spin right, shuffle left

LINDA LOU OUT, IN, HEEL, TOUCH, HEEL, HEEL, HEEL, TOUCH

9&10&11&12 Linda Lou out & in, left heel touch & right toe together
13&14&15&16 Left heel forward, right heel forward, left heel forward, right toe together

STEP, SHUFFLE, STEP, SHUFFLE

17-18-19&20 Step right to right, left behind right, right shuffle on right
21-22-23&24 Step left to left, right behind left, left shuffle on left

FORWARD, BACK, ½ TURN SHUFFLE, FORWARD, BACK, ¾ TURN SHUFFLE

25-26-27&28 Right forward, left back, ½ turn shuffle on right
29-30-31&32 Left forward, right back, ¾ turn shuffle on left

STEP, BEHIND, SHUFFLE, ROCK, ROCK, SHUFFLE

33-34-35&36 Step right to right, left behind right, right shuffle on right
37-38-39&40 Rock left forward, rock right back, left shuffle on left

ROCK, STEP, SPIN, ROCK, ROCK, SPIN

41-42-43&44 Rock left to left, step right forward, full spin right
45-46-47&48 Rock left forward, rock right back, full spin left

SAILOR, SAILOR

49&50-51&52 Right sailor, left sailor

ROCK & PUNCH, CENTER, ROCK & PUNCH, CENTER

53&54 Right rock right & right hand punch right, right back together
55&56 Left rock left & left hand punch left, left back together

GROUND, BODY ROLL, LINDA LOU OUT, CROSS, ½ TURN

57-58-59-60 Both hands on ground, body roll up
61&62-63-64 Linda Lou out & cross, ½ turn left (slow)

REPEAT
