

This I Promise You

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 2 级数: Improver
编舞者: Sally Atkinson (UK)
音乐: This I Promise You - *NSYNC



1&2 Cross rock step right in front of left, recover onto left, step right to right side
3&4 Step left rock behind right, recover onto right, step left next to right
5&6 Step right rock behind left, recover onto left, step right next to left
7&8 Cross rock step left in front of right, recover on to right, step left to left side

1 Rock forward onto right
2 Recover onto left
3&4 Triple ½ turn right stepping right, left, right
5 Rock forward onto left
6 Recover onto right
7&8 Triple ½ turn left stepping left, right, left

1 Rock right to right side
2 Recover onto left
3&4 Step right behind left, step left to left side, step right in front of left
5 Rock left to left side
6 Recover onto right
7&8 Step left behind right, step right to right side, step left in front of right

1&2 Step forward on right, step forward on left, step back on right
3&4 Step back on left, step back on right, step forward on left
5&6 Triple ½ turn stepping right, left, right
7&8 Step back on left, step back on right, step forward on left

REPEAT
