

This Feeling

拍数: 64 墙数: 0 级数:
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音乐: The Way You Make Me Feel - Shakaya



- 1&2-3-4 Side shuffle to left stepping left-right-left, rock back on right, recover weight forward to left
5&6-7-8 Side shuffle to right stepping right-left-right, rock back on left, recover weight forward to right
- 1-2-3&4 To the left 45 degrees angle walk forward left-right-left, step forward on right, pivot a ½ turn
turn left
&5&6&7&8 Step forward on right, tap left next to right, step forward on left, tap right next to left, step
forward on right, tap left next to right, step forward on left, tap right next to left
- 1&2&3-4 Dig right heel forward, step right next to left, dig left heel forward, step left next to right, dig
right heel forward twice
&5&6&7-8 Step right next to left, dig left heel forward, step left next to right, dig right heel forward, step
right next to left, step left forward, step right next to left
- 1-2-3&4 Step forward on left, as you turn ½ turn right kick right foot forward, rock back on right,
recover weight forward on left, straighten up as you tap right next to left
5-6-7-8 As you step right to right side, push hips to the right, push hips to the left, push hips to the
right, push hips left
- 1-2&3-4 Step forward on the right, lock left leg over right, step back on right, rock forward on left, step
forward on right
5&6-7-8 Lock left over right, step back on right, rock forward on left, step forward on right, step left to
left side
- 1&2-3&4 Side shuffle right stepping right-left-right, step left behind right, step right to right side, cross
left over right
5-6-7-8 Step right to right side as you do 4 hip bumps to the right
- 1-2-3&4 Step left to left side, hold, step right behind left, step left to left side, step right over left
5&6-7&8 Hold, step left slightly to left, cross right over left, hold, step left slightly to left, cross right over
left
- &1-2&3-4 Rock left to left side, recover weight to right, cross left over right, rock right to right side,
recover weight to left, cross right over left
&5-6-7-8 Step left to left side, step onto right as you make a ¼ turn turn left & drag left heel next to
right for 4 counts (weight ends on the right)

REPEAT