

# This Crazy Life

COPPER KNOB  
BY STEPHEN BRETZ

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Cathryn Proudfoot (AUS)  
音乐: Everything - Michael Bublé



## LEFT SIDE, RIGHT TOGETHER, SHUFFLE FORWARD LEFT, ROCK FORWARD, REPLACE, ½ TURN RIGHT, ½ TURN RIGHT

- 1-2-3&4      Step left to side, step right together with left taking weight, shuffle forward left: step left forward, step right together with left, step left forward
- 5-6-7-8      Rock step right forward, replace weight back on left, turn ½ right to step right forward, turn ½ right to step left back

## RIGHT COASTER CROSS, SIDE ROCK REPLACE, CROSS, HOLD, & LEFT CROSS SHUFFLE

- 1&2-3-4      Right coaster cross: step right back, step left back together with right, step right across left, rock step left to side, replace weight onto right
- 5-6&7&8      Step left across in front of right, hold, step right to side, cross shuffle left over right: step left across right, step right to side, step left across right

## ¼ LEFT, KICK LEFT FORWARD, LEFT COASTER STEP (9:00), FORWARD, HOLD, FULL TURN RIGHT

- 1-2-3&4      Turn ¼ left to step right back, kick left forward, left coaster step: step left back, step right back together with left, step left forward
- 5-6-7-8      Step right forward, hold, turn ½ right to step left back, turn ½ right to step right forward

## FORWARD, HOLD, SIDE, HOLD, BEHIND SIDE CROSS, SIDE-ROCK REPLACE

- 1-2-3-4      Step left forward, hold, step right to side, hold
- 5&6-7-8      Step left behind right, step right to side, step left across right, rock step right to side, replace weight to left

## RIGHT CROSS SHUFFLE, ¼ RIGHT, ½ RIGHT (6:00), LEFT DOROTHY STEP, ROCK FORWARD, REPLACE

- 1&2-3-4      Right cross shuffle: step right across left, step left to side, step right across left, turn ¼ right to step left back, turn ½ right to step right forward
- 5-6&7-8      Left Dorothy step: step left forward to 45, lock step right behind left, step left to side, rock step right forward, replace weight back onto left

## BACK, DRAG, LEFT KICK BALL-STEP, STEP ¾ PIVOT, SIDE, BEHIND (3:00)

- 1-2-3&4      Step right back, drag left toe back to right keeping weight on right, left kick ball-step: kick left forward, step left together with right, step right forward
- 5-6-7-8      Step left forward, turn ¾ right taking weight on right, step left to side, step right behind left

## SIDE SHUFFLE, CROSS-ROCK REPLACE, ¼ RIGHT, ½ RIGHT, BACK, DRAG (12:00)

- 1&2-3-4      Side shuffle left: step left to side, step right together with left, step left to side, rock step right across in front on left, replace weight onto left
- 5-6-7-8      Turn ¼ right to step right forward, turn ½ right to step left back, step back on right, drag left toe back

## LEFT COASTER STEP, FORWARD, ¼ RIGHT (3:00), RIGHT SAILOR STEP, CROSS, SIDE

- 1&2-3-4      Left coaster step: step left back, step right back together with left, step left forward, step right forward, turn ¼ right stepping left to side
- 5&6-7-8      Right sailor step: step right behind left, step left to side, replace weight onto right, step left across in front of right, step right to side

REPEAT

## **RESTART**

On 2nd wall, dance up to beat 48 & restart dance facing the back

On 6th wall, dance the first 8 counts then add the following 4 count tag

## **TAG**

**HIP BUMPS: RIGHT, LEFT, RIGHT, HOLD**

1-2-3-4            Step right to side bumping hips right, bump hips left, bump hips right, hold

Restart dance after tag facing 3:00 wall

## **FINISH**

The music starts to slow towards the end of the dance. Dance up to count 62 then touch left toe behind right foot, unwind  $\frac{1}{2}$  turn left to face the front

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