

# This & That

拍数: 56      墙数: 0      级数:  
编舞者: Louise, Kelly & Lisa  
音乐: It's a Little Too Late - Mark Chesnutt



- 1-2            Point right toe to side, cross right foot over left foot  
3-4            Point left toe to side, cross left foot over right foot
- 5              Point right toe to side  
&6            Jump right foot back to left, touch left toe out to side  
&7            Jump left foot back to right, touch right toe out to side  
&8            Jump right foot back to left, touch left toe out to side
- 9-10          Cross left foot over right, unwind ½ turn clock wise
- &11          Jump back on right, put left foot forward at 45 degrees  
&12          Jump back on left, put right foot forward at 45 degrees  
&13          Jump back on right, put left foot forward at 45 degrees  
&14          Jump back on left, put right foot forward at 45 degrees
- 15-18        Bump right hip forward twice, left hip forward twice
- 19-20        Step forward on right, lock left behind right  
21-22        Step forward on right, scuff left through
- 23-24        Jump/rock forward onto left, jump/rock back onto right  
25-26        Jump/rock forward onto left, stomp right next to left  
27-28        Turn head ¼ turn to left, pause
- 29-30        Place left heel out at 45 degrees, cross right behind left  
31-32        Place left heel out at 45 degrees, cross right behind left
- 33-34        Swing left out & behind right and hold  
35-36        Step right to side and hold  
37-38        Step left across right and hold  
39-40        Stomp right beside left
- 41-42        Put right heel forward, swivel ¼ turn to the left pushing out right hip  
43-44        Put right heel forward, swivel ¼ turn to the left pushing out right hip
- 45-46        Turn ¼ turn to the left & tap right toe beside left twice  
47-48        Turn ½ turn to the right & stomp right and hold
- 49-50        Tap left toe twice beside right  
51-52        Turn ½ turn to the left & stomp left and hold
- 53-54        Scuff right through, hitch right up  
55-56        Stomp right down, pause

**REPEAT**

