

This & That

拍数: 56 墙数: 0 级数:
编舞者: Louise, Kelly & Lisa
音乐: It's a Little Too Late - Mark Chesnutt



- 1-2 Point right toe to side, cross right foot over left foot
3-4 Point left toe to side, cross left foot over right foot
- 5 Point right toe to side
&6 Jump right foot back to left, touch left toe out to side
&7 Jump left foot back to right, touch right toe out to side
&8 Jump right foot back to left, touch left toe out to side
- 9-10 Cross left foot over right, unwind ½ turn clock wise
- &11 Jump back on right, put left foot forward at 45 degrees
&12 Jump back on left, put right foot forward at 45 degrees
&13 Jump back on right, put left foot forward at 45 degrees
&14 Jump back on left, put right foot forward at 45 degrees
- 15-18 Bump right hip forward twice, left hip forward twice
- 19-20 Step forward on right, lock left behind right
21-22 Step forward on right, scuff left through
- 23-24 Jump/rock forward onto left, jump/rock back onto right
25-26 Jump/rock forward onto left, stomp right next to left
27-28 Turn head ¼ turn to left, pause
- 29-30 Place left heel out at 45 degrees, cross right behind left
31-32 Place left heel out at 45 degrees, cross right behind left
- 33-34 Swing left out & behind right and hold
35-36 Step right to side and hold
37-38 Step left across right and hold
39-40 Stomp right beside left
- 41-42 Put right heel forward, swivel ¼ turn to the left pushing out right hip
43-44 Put right heel forward, swivel ¼ turn to the left pushing out right hip
- 45-46 Turn ¼ turn to the left & tap right toe beside left twice
47-48 Turn ½ turn to the right & stomp right and hold
- 49-50 Tap left toe twice beside right
51-52 Turn ½ turn to the left & stomp left and hold
- 53-54 Scuff right through, hitch right up
55-56 Stomp right down, pause

REPEAT

