

Third Time Lucky

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Nathan Easey (UK)
音乐: Whatever You Do! Don't! - Shania Twain



HIP BUMPS WITH ¼ TURN, STEP, TOUCH, BACK WITH SHOULDER ROLL

- 1-2 Step right foot to right side and bump hips to right twice, while starting ¼ turn to left on right foot
- 3-4 Bump hips to left twice, finishing ¼ turn (weight ends on left foot)
- 5-6 Step right foot forward, touch left foot behind right, angling body to left slightly
- 7-8 Step left foot back, roll right shoulder back, squaring up to face wall

The shoulder roll may be done with a slight body roll for added styling

HIP BUMPS LEFT & RIGHT, SIDE ROCK, STEP BACK, TOUCH & CLICK

- 9-10 Step right foot to right side and bump hips to right twice
- 11-12 Bump hips to left twice
- 13-14 Rock step right foot to right side, rock weight onto left foot
- 15-16 Step right foot back, touch left foot across right and click fingers

STEP-HOLD, SHUFFLE FORWARD, STEP ¼ PIVOT, CROSS SHUFFLE

- 17-18 Step left foot forward, hold
- 19&20 Step right foot forward, close left foot beside right, step right foot forward
- 21-22 Step left foot forward, pivot ¼ turn right
- 23&24 Step left foot across right, step right foot to right side, step left foot across right

SIDE ROCK, SAILOR STEP, CROSS ROCK, SIDE SHUFFLE

- 25-26 Rock step right foot to right side, rock weight onto left foot
- 27&28 Step right foot behind left, step left foot to left side, step right foot to right side
- 29-30 Rock step left foot across right, rock weight onto right foot
- 31&32 Step left foot to left side, close right foot beside left, step left foot to left side

STOMP, HOLD, KICK BALL TOUCH, SWIVELS WITH ¼ TURN, HIP ROLL (REPEAT)

- 33-34 Stomp right foot forward (weight remains on left), hold
- 35&36 Kick right foot forward, step ball of right foot beside left, touch left foot to left side
- 37-38 Swivel both heels to left angling body right, swivel both heels to right and turn ¼ turn left
- 39-40 Transfer weight from right foot to left foot while rolling hips to the left and raising right heel off floor
- 41-48 Repeat steps 33-40

REPEAT

TAG

Added once only after 5th wall for the Trisha Yearwood track

- 1-2 Rock step right foot forward, rock weight onto left foot
- 3 Step right foot back
- 4& Kick left foot forward, step ball of left foot beside right