

Thing-A-Ma-Jig

COPPER KNOB
BY STEPHENETS

拍数: 64 墙数: 1 级数:
编舞者: Norman Gifford (USA)
音乐: You Turn Me On - Tim McGraw



ROCK STEP, SHUFFLE STEP, KNEE-SWIVEL TURN

- 1-2 Left rock step back; right step forward
3&4 Left shuffle step forward (left-right-left)
5-8 With weight on left foot, knee-swivel turn $\frac{3}{4}$ left

SUGARFOOT STEPS LEFT AND RIGHT, UNWIND

- 1 Left toe touch inward to right instep while body angles right
2 Swivel body left on ball of right foot stepping left foot (pointing left) beside right foot
3 Transfer weight to ball of left foot. Swivel body right with right heel touch pointing right
4 Swivel body left on ball of left foot crossing right over
5 Left toe touch inward to right instep while body angles right
6 Swivel body left on ball of right foot stepping left foot (pointing left) beside right foot
7 Transfer weight to ball of left foot. Swivel body right with right heel touch pointing right
8 Touch right toe inward to left instep body square to LOD
- 1-2 Swivel body right on ball of left foot stepping right foot (pointing right) beside left foot.
Transfer weight to ball of right foot, swivel body left with left heel touch pointing left
3-4 Swivel body right on ball of right foot cross left foot over right (pointing right); swivel body left
on ball of left foot with right toe touch to left instep
5-6 Swivel body right on ball of left foot stepping right foot (pointing right) beside left foot; transfer
weight to ball of right foot, swivel body left with left heel touch pointing left
7 Swivel body right on ball of right foot crossing left over right
8 Unwind $\frac{1}{2}$ turn right on balls of both feet

ROCK STEP, SIDE-SHUFFLE STEP, ROCK STEP, TRIPLE-STEP TURN

- 1-2 Right rock step back; left step forward
3&4 Right side shuffle (right-left-right)
5-6 Left rock step back; right step forward
7&8 Left shuffle turn $\frac{1}{2}$ right (left-right-left)

ROCK STEP, LOCK-STEP, SKIPPING STEPS FORWARD

- 1-2 Right rock step back; left step forward
3&4& Right lock-step forward with a skip on last right foot (right left right right)
5&6&7& Skip steps forward crossing the lead foot over on each skip (left left right right left left)
8 Step right forward

ROCK STEP, LOCK-STEP, SKIPPING STEPS BACKWARD

- 1-2 Left rock step forward; right step back
3&4& Left lock-step back with a skip on last left foot (left right left left)
5&6&7& Skip steps back crossing the lead foot behind on each skip (right right left left right right)
8 Step left back

ROCK STEP, SIDE-SHUFFLE STEP, ROCK STEP, TRIPLE-STEP TURN

- 1-2 Right rock step back; left step forward
3&4 Right side shuffle (right-left-right)
5-6 Left rock step back; right step forward

7&8 Left shuffle turn $\frac{1}{2}$ right (left-right-left)

HALF-MONTEREY TURN, SIDE-BALL-CHANGE

1-2 Point right toe to side. Swivel turn $\frac{1}{2}$ right on left foot changing weight to right foot

3&4 Point left toe to side; step left together; point right toe to side

CROSSOVER, UNWIND, SIDE-BALL-CHANGE

5-6 Cross right over left; unwind turn $\frac{1}{2}$ left

7&8 Point right toe to side; step right together; point left toe to side

REPEAT
