They're Back!

拍数: 64

级数: Intermediate east coast swing

编舞者: Kathy Heller (USA)

音乐: Boys Are Back In Town - Bus Boys

This is in dedication to my son and the entire 172nd Stryker Combat Brigade. Welcome home from serving an extended tour in Iraq! We are proud of you, and thankful you have returned home safe!

SHUFFLE RIGHT, ROCK STEP, SHUFFLE LEFT, ROCK STEP

- 1-4 Shuffle to the right right-left-right, rock back on left, recover on right
- 5-8 Shuffle to the left left-right-left, rock back on right, recover on left (12:00)

SHUFFLE FORWARD, HALF TURN, HALF TURN SHUFFLE, ROCK STEP

- 1-4 Shuffle forward right-left-right, step forward on left, pivot ½ right
- 5-8 Shuffle while turn ¹/₂ turn right left-right-left, rock back on right, recover of left (12:00)

VINE RIGHT, KICK, FULL TURN VINE LEFT, KICK

- 1-4 Step right to right side, left behind right, right to side right, kick left
- 5-8 Spin vine to the left, kick right forward (12:00)

TOE-HEEL FORWARD 2X, KICK, UNWIND ¾ TURN RIGHT, STEP LEFT

- 1-4 Right toe-heel strut forward, left toe-heel strut forward
- 5-6 Kick right diagonally forward, touch right toe behind left heel
- 7-8 Unwind ³/₄ turn right (weight on right), step left to side left (9:00)

KICK, STEP BACK 4X

1-4 Kick right diagonally forward, step back on right, kick left diagonally forward, step back on left
5-8 Kick right diagonally forward, step back on right, kick left diagonally forward, step back on left (9:00)

SHUFFLE FORWARD, ½ TURN, TOE HEEL STRUTS

- 1-4 Shuffle forward on right right-left-right, step forward on left, pivot ½ turn right
- 5-8 Left toe-heel strut forward, right toe-heel strut forward (3:00)

SHUFFLE FORWARD, ½ TURN, TOE HEEL STRUTS

- 1-4 Shuffle forward on left left-right-left, step forward on right, pivot ½ turn left
- 5-8 Right toe-heel strut forward, left toe-heel strut forward (9:00)

SHUFFLE RIGHT WITH ¼ TURN, HALF TURN, BOOGIE WALKS

- 1-4 Shuffle right making ¼ turn right, step forward on left, pivot ½ turn right
- 5-8 Boogie walks forward, right-left-right, hold (6:00)

REPEAT





墙数:2