

# These Nights (P)

拍数: 48      墙数: 1      级数: Improver partner dance  
编舞者: William Sevone (UK)  
音乐: Nights Like These - The Lynns



**Position:** Wrap position, man in slight Shadow formation

## BOTH

1&2            (Body facing forward) left diagonal shuffle to the left (left, right, left)  
3-4            Step right foot to side, rock onto left foot  
**On counts 5-8 change wrap position from right to left, with man moving to right of lady**  
5&6            (Body facing forward) right diagonal shuffle to the right (right, left, right)  
7-8            Step left foot to side, rock onto right foot

**On counts 9-16 man takes up shadow position (with hands still held, but by sides)**

## MAN: TURN ½ RIGHT - WITH ROCK/PADDLE STEPS

9-12           Rock onto - left foot, right foot (release hands), left foot, right foot - now in 'shadow' position (rejoin hands)  
13-16          Left foot, right foot, left foot, right foot, (turning slightly with each rock)

## LADY: TURN ½ RIGHT - WITH ROCK/PADDLE STEPS

9-12           Rock onto left foot, step onto right foot (release hands), turn ½ right on ball of right foot  
13-16          Rock onto left foot - now leading partner (rejoin hands), right foot, left foot, right foot, left foot, (turning slightly with each rock)

**On counts 17-22, keep arms bent slightly upwards with hands still joined**

## MAN

17-18          Step forward onto left foot, rock back onto right foot  
19              Step left foot next to right  
20-21          Step backwards onto right foot, rock forward onto left foot  
22              Step right foot next to left

## LADY

17-18          Step back onto right foot, rock forward onto left foot  
19              Step right foot next to left  
20-21          Step forward onto left foot, rock backwards onto right foot  
22              Step left foot next to right

**On counts 23-39 release hands and place to sides or behind back**

## MAN: STEP FORWARD ONTO LEFT FOOT - TURNING ¼ LEFT

24-25          Step right foot to side, rock onto left foot  
26-27          Rock onto right foot, rock onto left foot  
28              Rock onto right foot  
29              Step backward onto left foot - turning ¼ right

## MAN: RIGHT GRAPEVINE - WITH DIAGONAL ROCK/STEP TO RIGHT:

30-33          Step right foot to side, step left foot behind right, step right foot to side, rock/step left foot diagonally right  
34              Rock back onto right foot

## MAN: LEFT GRAPEVINE - WITH DIAGONAL ROCK/STEP TO LEFT:

35-38          Step left foot to side, step right foot behind left, step left foot to side, rock/step right foot diagonally left  
39              Rock back onto left foot

## LADY

23              Step back onto right foot - turning ¼ left  
24-25          Step left foot to side, rock onto right foot  
26-27          Rock onto left foot, rock onto right foot  
28              Rock onto left foot

29 Step forward onto right foot - turning  $\frac{1}{4}$  right

**LADY: LEFT FULL TURN ROLLING GRAPEVINE - WITH DIAGONAL STEP BACK:**

30-33 Step onto left foot -with  $\frac{1}{4}$  turn to right, spin on ball of left foot  $\frac{1}{2}$  turn to right, step onto right foot - with  $\frac{1}{4}$  turn to right, (weight now on left foot), rock/step right foot diagonally back

34 Rock forward onto left foot

**LADY: RIGHT FULL TURN ROLLING GRAPEVINE-WITH DIAGONAL STEP BACK:**

35-38 Step onto right foot -with  $\frac{1}{4}$  turn to left, spin on ball of right foot  $\frac{1}{2}$  turn to left, step onto left foot - with  $\frac{1}{4}$  turn to left, (weight now on right foot) rock/step left foot diagonally back

39 Rock forward onto right foot

**On counts 40-48, hands are joined by sides**

**MAN**

40 Step right foot to side

**MAN: TURN  $\frac{1}{2}$  RIGHT - WITH ROCK/PADDLE STEPS:**

41-44 Rock onto - left foot, right foot (release hands), left foot, right foot - now in 'shadow' position (rejoin hands)

45-48 Left foot, right foot, left foot, right foot, (turning slightly with each rock)

**LADY**

40 Step left foot to side

**LADY: TURN  $\frac{1}{2}$  RIGHT - WITH ROCK/PADDLE STEPS:**

41-44 Rock onto right foot, step onto left foot (release hands), turn  $\frac{1}{2}$  right on ball of left foot

45-48 Rock onto right foot - now leading partner (rejoin hands), left foot, right foot, left foot, right foot, (turning slightly with each rock)

**REPEAT**

**Counts 9-16 and 41-48 are not paddle steps (left foot forward, pivot on right, etc.) But if you feel more comfortable doing paddle steps, then please feel free to do so**

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