

Theme For Bratz

COPPERKNOB
STEPSHEETS

拍数: 32
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音乐: Oooh Fashion - Bratz

墙数: 4

级数: Beginner straight rhythm



FORWARD, RECOVER, 2X BEND 'N' KICK, BACKWARD, RECOVER (12:00)

1-2 Step forward onto right, recover onto left
3-4 (Stepping right next to left) bend knees, straightening up, kick left instep diagonal right
5-6 (Stepping left next to right) bend knees, straightening up, kick right instep diagonal left

Counts 3-6 are moving slightly backward

7-8 Step backward onto right, recover onto left

Use arms on counts 3-6 to add 'flavour'

FORWARD, ½ PIVOT, DIAGONAL SIDE-HITCH TURN-BACKWARD-HITCH TURN-BACKWARD, ¼ LEFT, TOUCH (3:00)

9-10 Step forward onto right, pivot ½ left (weight on left)
11 Bending slightly at knees, step right to right side (body turned to 10:30)
12 Hitch left knee, straightening up, turn to face 1:30 (knee still raised)
13 Bending slightly at knees, step slightly backward onto left (body still facing 1:30)
14 Hitch right knee, straightening up, turn to face 10:30 (knee still raised)
15 Bending slightly at knees, step slightly backward onto right (body still facing 10:30)
16 Turning ¼ left (to face 9:00), touch left toe next to right

Use arms on counts 12-15 to add 'flavour'

HITCH ¼ LEFT, FORWARD, 6X FORWARD 'SASSIES' (12:00)

17-18 Hitch left knee & turn ¼ left, step slightly forward onto left

The following 6 forward steps are short with the knees and toes turned slightly inward, 'sassy' style

19-24 Step forward: right, left, right, left, right, left,

3X HITCH 'N' SWEEP-TOGETHER, HITCH 'N' SWEEP ¼ LEFT, TOGETHER (9:00)

25-26 Hitching right knee, sweep (knee) diagonally right, step together
27-28 Hitching left knee, sweep (knee) diagonally left, step together
29-30 Hitching right knee, sweep (knee) diagonally right, step together

On balls of feet, turn body with sweeps

31-32 Hitching left knee, sweep (knee) ¼ left, step together

Use arms on counts 25-32 to add 'flavour'

REPEAT