

Them's The Rules

COPPERKNOB
STEPPERS

拍数: 32 墙数: 2 级数:
编舞者: Terry Hogan (AUS)
音乐: Swing - Joni Harms



- 1-2 Long step on right foot to the side, hold, allowing left foot to drag towards right
3-4 Rock/step left foot behind right, rock forward onto right
5-6 Step left foot to the side, hold
&-7-8 Rock/step ball of right foot backwards, rock forward onto left, step right foot forward
- 9 Make ¼ turn left twisting both heels to the right side
10-11 Twist toes right, heels right (these twists should move to the right)
12 Low kick left foot toward left diagonal
13-14 Rock/step left foot behind right, rock forward onto right
15-16 Step left foot to the side starting ½ turn right, complete the turn stepping right foot to the side
(facing 3:00 wall)
- 17-18 Step left across in front of right foot, rock/step right foot to the side
19-20 Rock sideward onto left foot, rock/replace weight on right foot
21&22 Cross shuffle to the right side left-right-left
23 Step right foot to the side & make ¼ turn left
24 Make further ½ turn left on ball of right foot & step left foot forward
- 25 Step right foot slightly forward on left foot
26-27 Twist heels to the right, twist heels to center taking weight on left foot
28 Step right foot backward
29 Make ¼ turn left on ball of right foot & step left foot forward
30-31 Step right foot forward, make ½ pivot turn left stepping weight forward onto left foot
&32 Slide right foot beside left heel, step left foot forward
31&32 is simply a shuffle forward
& Make ¼ turn left on ball of left foot

REPEAT
