# The Texas Twist (P)



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音乐: The Texas Twist - Chubby Checker



#### Position: Ladies on outside of circle facing in and men on inside facing out

LADY	
1&2	Shuffle to the left side - left, right, left
3	Step right foot behind left and rock
4	Rock forward on right foot

5&6 Shuffle to the right side - right, left, right7 Step left foot behind right and rock

8 Rock forward on left foot

9 Jump forward towards each other and clap

10 Hold

Take the hands of the person in front of you, at the level you clapped

Holding hands, extend arms straight out to the side
On balls of both feet, twist knees - left, right, left, right

Partners will now switch places, inside and outside.

15-17 Drop left hand and go under walk forward - right, left, right

18 Swing left leg across right and pivot ½ turn right

19-21 Drop right hand and pick up with left go under as you walk forward - left, right, left

When you have completed the next turn you should be at an angle to go diagonally between your partner and the person to their right

Swing right leg across left and pivot 3/4 turn left

After completing the next four counts you should end left shoulder to left shoulder with a different partner in the opposite circle

23 Step right foot forward

24 Slide left foot forward beside right and clap

25 Step right foot forward

26 Slide left foot next to right and touch and clap (weight on right)

After completing then next four counts you should end face to face with a new partner in the original circle

27-29 Moving diagonally left to outer circle, turn almost ¾ turn left stepping left, right, left

30 Step in place with right foot and clap twice

### REPEAT

#### MAN

1&2	Shuffle to the right side - right, left, light
3	Step left foot behind right and rock
4	Rock forward on left foot
5&6	Shuffle to the left side - left right, left

Step right foot behind left and rockRock forward on right foot

9 10 11 12 13&14	Jump forward towards each other and clap Hold Take the hands of the person in front of you, at the level you clapped Holding hands, extend arms straight out to the side On balls of both feet, twist knees - left, right, left, right	
Partners will no	ow switch places, inside and outside man	
15-17 18	Drop right hand and raise left walk forward - left, right, left Swing right leg across left and pivot ½ turn left	
Drop left hand and pick up with right, raise right hand and walk forward right. Left, right When you have completed the next turn you should be at an angle to go diagonally between your partner and the person to their right		
Swing left leg across right and pivot 3/8 turn right  After completing the next pour counts you should end left shoulder to left shoulder with a different partner in the opposite circle		
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After completing the opposite ci	ng the next pour counts you should end left shoulder to left shoulder with a different partner in crole  Step left foot forward	
After completing the opposite circles 23 24 25 26	Step left foot forward Slide right foot forward Step left foot forward beside left and clap Step left foot forward Slide right foot forward Slide right foot forward	
After completing the opposite circles 23 24 25 26	step left foot forward Slide right foot forward beside left and clap Step left foot forward	

## **REPEAT**