

Texas 101

拍数: 32 墙数: 2
编舞者: Carole Daugherty (USA)
音乐: Texas 101 - Hilljack

级数: Beginner two step



"Texas 101" is a free MP3 download, and the full CD is available @ www.hilljack.com
Begin at 29 seconds, after lyrics of "now move on", with 2 step beat. Continue dance to end of music with rhythm change

RIGHT FORWARD DIAGONAL WALK, CROSS, ROCK-RECOVER-CROSS, REPEAT WITH LEFT FOOT LEAD

- 1-2-3&4 Step diagonally forward right on right, step left diagonally forward across right, rock right out to right side, recover weight onto left, step right forward across left
- 5-6-7&8 Step diagonally forward left on left, step right forward across left, rock left out to left side, recover weight onto right, step left forward across right

STEP, PIVOT ½ LEFT, RIGHT FORWARD SHUFFLE, STEP, PIVOT ½ RIGHT, STEP, PIVOT ½ RIGHT

- 1-2-3&4 Step forward on right, pivot ½ left onto left foot, step forward right, step/lock left behind right, step slightly forward on right
- 5-6-7-8 Step forward left, pivot ½ right onto right, step forward left, pivot ½ right onto right

LEFT: SIDE, BACK, SCISSORS CROSS STEP, RIGHT: SIDE, BACK, SCISSORS CROSS STEP

- 1-23&4 Step left out left, step right foot diagonally back behind left, rock diagonally back on left, draw/slide right foot next to left, step left forward across right
- 5-6-7&8 Step right out right, step left foot diagonally back behind right, rock diagonally back on right, draw/slide left foot next to right, step right forward across left

LEFT SIDE, BEHIND, LIFT, RIGHT SIDE, BEHIND, LIFT, CHASE ½ TURN, SAILOR ½ TURN WITH HEEL

- 1&2 Step left foot out left, step ball of right behind left, step left on ball of left foot rising up on the balls of both feet with movement
- 3&4 Step right foot out right, step ball of left foot behind right foot, step right on ball of right foot rising up on balls of both feet with movement
- 5&6 Step forward on left foot, pivot ½ right on right foot, step left slightly forward
- 7&8 Step right foot behind left, turn ½ right stepping slightly out left on left foot, dig/touch right heel next to left foot

No turn option for those last 4 counts

LEFT FORWARD MAMBO, RIGHT COASTER WITH HEEL DIG

- 5&6 Rock forward on left foot, recover onto right, step left in place
- 7&8 Step back on right foot, step left next to right, dig/touch right heel next to left

REPEAT