

Tennessee Birdwalk

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: ultra Beginner
编舞者: Kath Waller (UK) & Moragh Carter (UK)
音乐: Tennessee Bird Walk - Jack Blanchard & Misty Morgan



This dance was choreographed for a group with both physical and learning disabilities

WALK, WALK, WALK, KICK

1-4 Walk forward right, left, right (with forward arm rolls) - kick left (with clap)

BACK, BACK, BACK, KICK

5-8 Walk back left, right, left (with backward arm rolls) - kick right (with clap)

ROCK FORWARD, POINT FINGERS FORWARD

9-10 Rock forward right - point fingers forward

ROCK BACK, POINT THUMBS BACK

11-12 Rock back left - point thumbs back

ROCK FORWARD, POINT FINGERS FORWARD

13-14 Rock forward right - point fingers forward

ROCK BACK, POINT THUMBS BACK

15-16 Rock back left - point thumbs back

STOMP, STOMP, CLAP, CLAP

17-20 Stomp right, stomp with $\frac{1}{4}$ turn left, clap, clap

STOMP, STOMP, CLAP, CLAP

21-24 Stomp right, stomp with $\frac{1}{4}$ turn left, clap, clap

CLAP, CLAP, CLAP, CLAP

25-28 Clap high right twice, clap high left twice

SLAP, SLAP, SLAP, SLAP

29-32 Slap thighs twice, slap knees twice

REPEAT
