

# Tenderfoot

拍数: 64      墙数: 4      级数: Beginner  
编舞者: Ray Denham (UK)  
音乐: Singing In The Rain - The Dean Brothers



## RUMBA BOX TWICE

- 1-2 Step to side on left foot, close right foot to left
- 3-4 Step forward on left, hold
- 5-6 Step to side on right foot, close left foot to right
- 7-8 Step back on right foot, hold

## LEFT VINE, STEP TURN. RIGHT LOCK

- 1-2 Step to side on left foot, step right foot behind left foot
- 3-4 Step left foot to side turning a  $\frac{1}{4}$  left (9:00 wall), hold
- 5-6 Step forward on right foot, lock left foot behind right foot
- 7-8 Step forward on right foot, hold

## $\frac{1}{2}$ TURN AND VINE

- 1-2 Step forward on left foot, turn  $\frac{1}{2}$  turn right putting weight onto right foot
- 3-4 Step forward on left foot (3:00 wall), hold
- 5-6 Step to side with right foot, step left foot behind right foot
- 7-8 Step right foot to the side, cross left foot over right

## RIGHT VINE. $\frac{1}{4}$ AND $\frac{1}{2}$ TURNS

- 1-2 Step side with right foot, step left foot behind right
- 3-4 Step right foot to the side, touch left toe next to right
- 5-6 Step forward left turning  $\frac{1}{4}$  left (12:00 wall), hold
- 7-8 Turn  $\frac{1}{2}$  turn to the left stepping back on right (6:00 wall), hold

## $\frac{1}{4}$ TURN. WEIGHT CHANGE, SLOW SAILOR STEP

- 1-2 Turn  $\frac{1}{4}$  left stepping left foot to the side, (3:00 wall), hold
- 3-4 Change weight from left foot to right, hold
- 5-6 Step left foot behind right, right foot step to side
- 7-8 Left foot step to side, hold

## SLOW SAILOR STEP AND JAZZ BOX

- 1-2 Step right foot behind left, step left foot to side
- 3-4 Step right foot step to side, hold
- 5-6 Cross left foot over right, step back on right foot
- 7-8 Step left foot to left side, touch right toe next to left foot

## FULL MONTEREY TURN

- 1-2 Touch right toe to right side, turn  $\frac{1}{2}$  turn right closing right foot next to left
- 3-4 Touch left foot to side, step left foot next to right (9:00 wall)
- 5-6 Touch right toe to right side, turn  $\frac{1}{2}$  turn right closing right to left
- 7-8 Touch left foot to side, step left foot next to right foot (3:00 wall)

## 2 KICK BALL CHANGE, TOE TOUCHES

- 1&2 Kick right foot forward, step right next to left, touch left next to right
- 3&4 Kick left foot forward, step left next to right, touch right next to left
- 5-6 Touch right toe forward, touch right toe to right side

7-8

Touch right toe behind left foot, stomp right foot next to left

**REPEAT**

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