

# Ten Years After

拍数: 32      墙数: 4      级数: Improver  
编舞者: William Sevone (UK)  
音乐: Rhythm of the Blues - Mary Chapin Carpenter



## 2X SLOW SAILOR STEP-ROCKS

1-2      Cross step left foot behind right, step right foot to right side  
3      Step left foot in place  
&4      Rock onto right foot, rock onto left foot  
5-6      Cross step right foot behind left, step left foot to left side  
7      Step right foot in place  
&8      Rock onto left foot, rock onto right foot

## ¾ LEFT FORWARD STEP, CROSS ROCK, ROCK, ¾ RIGHT STEP, SIDE STEP, STEP BEHIND, SIDE STEP ½ LEFT, ROCKS

9-10      Turn ¾ left & step forward onto left foot, cross rock right foot over left  
11-12      Rock onto left foot, turn ¾ right & step onto right foot  
13-14      Step left foot to left side, cross step right foot behind left  
15      Step left foot to left side & turn ½ left  
&16      Rock right foot to right side, rock onto left foot

## CROSS STEP, SIDE TOE TOUCH, STEP FORWARD, FORWARD FULL TURN RIGHT, STEP FORWARD, ROCKS, FORWARD STEP LOCK

17-18      Cross step right foot over left, touch left toe to left side  
19-20      Step forward onto left foot, forward full turn right & step forward onto right foot  
21      Step forward onto left foot  
&22      Rock backward onto right foot, rock onto left foot  
23-24      Step forward onto right foot, lock left foot behind right heel

## STEP FORWARD, CROSS ROCK, ROCK, ½ LEFT STEP FORWARD, ¼ LEFT SIDE STEP, STEP BEHIND, SIDE STEP WITH ½ RIGHT, ROCKS

25-26      Step forward onto right foot, cross rock left foot over right  
27-28      Rock onto right foot, turn ½ left & step forward onto left foot  
29-30      Turn ¼ left & step right foot to right side, cross step left foot behind right  
31      Step right foot to right side & turn ½ right  
&32      Rock left foot to left side, rock onto right foot

## REPEAT

## DANCE FINISH

On 11th wall (6:00) continue dance up to and including count 26 (12:00) then do the following

1      Step onto right foot  
2      Step backward onto left foot (right toe raised) with right hand on hat brim