

Ten Rounds

拍数: 32 墙数: 4 级数: Improver
编舞者: Nancy Morgan (USA)
音乐: Ten Rounds With Jose Cuervo - Tracy Byrd



KICK, KICK, COASTER STEP, KICK, KICK, COASTER STEP

1-2 Kick right foot forward two times
3&4 Coaster step - step back on right, back on left, forward on right
5-6 Kick left foot forward two times
7&8 Coaster step - step back on left, back on right, forward on left

TOUCH SIDE AND SIDE AND SIDE, KICK ¼ TURN RIGHT, ROCK BACK, SHUFFLE FORWARD

1&2 Touch right toe to right side, step right next to left as you touch left toe to left side
&3-4 Step left next to right as you touch right toe to right side, turn ¼ turn right as you kick right foot forward
5-6 Rock back on right and forward on left
7&8 Shuffle forward - right, left, right

STEP PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, TOUCH, DROP HEEL, TOUCH, DROP HEEL

1-2 Step left foot forward, turn ½ turn to your right with weight ending on right
3&4 Shuffle forward - left, right, left
5-6 Touch right toe forward, drop heel
7-8 Touch left toe forward, drop heel

ROTATING JAZZ BOX ¼ TURN RIGHT, ROTATING JAZZ BOX ¼ TURN RIGHT

1-2-3-4 Cross right over left, step back on left as you turn ¼ turn to your right, step right to right side, step left foot forward
5-6-7-8 Cross right over left, step back on left as you turn ¼ turn to your right, step right to right side, step left next to right

REPEAT
