

# 10 Rocks

拍数: 64      墙数: 2      级数: Improver  
编舞者: Lisa B. Martin  
音乐: 10 Rocks - Shelby Lynne



## TOE STRUTS, SIDE TOGETHER SIDE, KICK

1-2      Step forward on right toes, put heel down  
3-4      Step forward on left toes, put heel down  
5-6      Step right to right side, step left next to right  
7-8      Step right to right side, kick left forward

## CROSS BACK SIDE, CROSS BACK SIDE, PIGEON TOES

1-2      Cross left over right, step right back  
3-4      Step left to left side, cross right over left  
5-6      Step back left, step right to right side  
7-8      Pigeon toes in, out

## WALKS X4, STEP ¼ PIVOT, STEP ¼ PIVOT

1-2      Step forward on right, step forward left  
3-4      Step forward on right, step forward left  
5-6      Step forward right, pivot ¼ left  
7-8      Step forward right, pivot ¼ left

## CROSS STRUT, SIDE STRUT, ROCK STEP, STEP BACK SCUFF

1-2      Cross right over left strut  
3-4      Step left to left side strut  
5-6      Rock forward on right, recover on left  
7-8      Step back on right, scuff left

## LOCK STEP FORWARD, LOCK STEP FORWARD, JAZZ BOX CROSS

1&2      Step forward on left, step right behind left, step forward left  
3&4      Step forward on right, step left behind right, step forward on right  
5-6      Cross left over right, step back right  
7-8      Step left to left side, cross right over left

## SIDE SHUFFLE, ROCK BACK ROCK RECOVER, SIDE SHUFFLE, ROCK BACK RECOVER

1&2      Step left to left side, step right next to left, step left to left side  
3-4      Rock back on right, recover on left  
5&6      Step right to right side, step left next to right, step right to right side  
7-8      Rock back on left, recover on right

## MONTEREYS

1-2      Point left to left side, make ½ left, step left beside right  
3-4      Point right to right side, step right beside left  
5-6      Point left to left side, make ½ left, step left beside right  
7-8      Point right to right side, step right beside left

## POINT FRONT, SIDE & SIDE & SIDE, & POINT FRONT, SIDE, SIDE & SIDE

1-2      Point left forward, point left to left side  
&3&4      Step left beside right, point right to right side, step right beside left, point left to left side  
&5-6      Step left next to right, point right forward, point right to right side

&7&8

Step right beside left, point left to left side, step left beside right, point right to right side

**REPEAT**

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