Ten Four Buddy

级数:

编舞者: Leonie Smallwood (AUS)

音乐: Cadillac Cowboy - Chris LeDoux

SIDE ROCK & SAILOR STEP

拍数: 32

- 1-2 Step right foot to right side, rock back onto left
- 3&4 Step right across behind left, step left to left side, step right in place

CROSS TURN & COASTER STEP

- 5-6 Touch left toe across in front of right, unwind ³/₄ turn right, shifting weight to left
- 7&8 Step right foot back, step left beside right, step right forward

墙数: 0

TURNING SHUFFLES FORWARD

- 1&2 Traveling forward and turning ¹/₂ turn right shuffle left right left
- 3&4 Traveling forward and turning ½ turn right shuffle right left right

HIP ROLLS

- 5-6 Stepping left foot to left side & slightly forward. Roll hips full circle to left
- 7-8 Repeat hip roll twice finish with weight on right

STEP, KICK, CROSS- BALL- STEP, REPEAT

- 1-2 Step left foot slightly forward, kick right foot to right forward diagonal
- 3&4 Step right across in front of left, step back on ball of left, step right to right side
- 5-8 Repeat above 4 count

PIVOT TURN, STEP BALL-CHANGE

- 1-2 Step left forward, pivot one full turn right
- 3&4 Step left in place, step back on ball of right, step left in place

STOMP BALL CHANGE, REPEAT

- 5&6 Stomp right foot beside left, step back on ball of right, step left slightly forward
- 7&8 Stomp right foot beside left, step back on ball of right, step left slightly forward

REPEAT

HANDY HINTS

This song changes pace but it is phrased exactly so the changes are always at the end of a wall. To make the dance easier for learning purposes, shuffle straight forward without turning and relace the full turn pivot with a rock forward on to the left and then back on to the right.

