

Temptation!

拍数: 48 墙数: 4 级数: Improver
编舞者: Elke Weinberger (NL) & Illona Kloeckner (NL)
音乐: Temptation (feat. Rebecca) - Arash



Start dance after 48 counts (on Arash's vocals) at time track 00:26

CROSS KICK, FIGURE-4 HITCH, DIAGONAL KICK, TOGETHER, CROSS SHUFFLE, SIDE TOUCH, TOGETHER, ½ LEFT TURNING TOE STRUTS WITH CUBAN HIPS, DIAGONAL TOUCH

- 1&2& Kick right across left, hitch right beside left in a figure-4, kick right toward right diagonal, step right beside left
- 3&4 Cross left over right, step right to right, cross left over right
- 5& Touch right toes to right, step right beside left
- 6& Touch left toe slightly to left, slam weight onto left as you complete a ¼ turn left
- 7&8 Touch right toe slightly forward, slam weight onto right as you complete another ¼ turn left, touch left toes towards left diagonal

Do the toes struts in counts 6&7& with Cuban hips

SAILOR STEP, ½ RIGHT UNWIND TURN, VAUDEVILLE, HEEL JACK

- 9&10 Step left behind right, step right to right, step left to left
- 11-12 Cross right behind left, unwind ½ turn right (weight remains on right)
- 13&14 Cross left over right, step right to right, touch left heel towards left diagonally
- &15 Step left beside right, touch right toes beside left
- &16 Step right beside left, touch left heel towards left diagonal and lean body back

SHOULDER SHIMMIES, SYNCOPATED WEAVE COMPLETING A FULL LEFT TURN

- 17-19 Keeping position in count 16, shimmy shoulders for 3 counts
- &20& Step weight onto left, cross right behind left, step left to left
- 21&22 Cross right over left, step left to left, cross right behind left
- &23& Step left to left, cross right over left, step left to left
- 24& Cross right behind left, step left to left

On counts 20-24, curve the syncopated weave so that you will complete a full turn left

TWINKLE PATTERNS, ¼ RIGHT TURNING TWINKLE PATTERN, ½ LEFT MODIFIED TURNING TWINKLE

- 25-26& Cross right over left, step left to left, step right to right
- 27-28& Cross left over right, step right to right, step left to left
- 29&30 Cross right over left, execute ¼ turn right and then step left to left, step right to right
- 31&32 Execute ¼ turn left and then step left forward, execute another ¼ turn left and then step right to right, step left to left

FORWARD AND BACK-BALL STEPS WITH INDIAN ARMS, BACK TOUCH, ½ LEFT TURN, FORWARD LOCK STEPS

- 33&34 Step right forward, step on ball of left beside right, step right back
- &35& Step on ball of left beside right, step right forward
- &36 Step on ball of left beside right, step right back
- 37-38 Touch left toe back, execute ½ turn left and put weight onto left
- 39&40 Step right forward, lock step left behind right, step right forward

Styling: on counts 33& and 35&, extend both hands forward with palms facing up in a 'giving' gesture. On counts 34& and 36, bring both hands beside the hips with both palms facing down

FORWARD, ½ RIGHT TURN, UPPER BODY BEND DOWN WITH CROSSING ARMS, RECOVER WITH ARMS IN 'V', STOMP LEFT TWICE AND STOMP RIGHT TWICE WITH INDIAN ARMS

- 41-42 Step left forward, execute a ½ turn right and then step right to right (shoulder width apart)
43 Bend upper body down as you cross both arms in front with palms facing inwards
44 Recover body from the bending position to upright as you throw both arms high up in a 'v' shape
45 Stomp right in place (same shoulder width apart) (weight remains on left)
46 Lifting right foot from ground, stomp right in place (same shoulder width apart) (put weight on right now)
47 Stomp left in place (same shoulder width apart) (weight remains on right)
48 Lifting left foot from ground, stomp left in place (same shoulder width apart) (put weight on left now)

Styling: on counts 45-46, extend left arm up with left palm facing right and meanwhile right arm to right side at slightly below shoulder height with right palm facing up. The mirror moves apply for counts 47-48, i.e. Now right arm extended up with right palm facing left meanwhile left arm to left at slightly below shoulder height with left palm facing up

REPEAT

RESTART

On the 6th rotation, dance till the 12th count and then change weight onto left after the ½ right unwind turn. Start dance again (i.e. 7th rotation) from count 1 facing 9:00 wall
