Temptation



拍数: 48 墙数: 2 级数: Improver

编舞者: Pam Dailey (USA) 音乐: My Girl - Alabama



ROCK STEP, SHUFFLE ½ TURN, ROCK STEP, SHUFFLE ½ TURN

1 Rock forward on right foot

2 Recover on left

3&4 Right, left, right shuffle making ½ turn to right

Rock forward on leftRecover on right

7&8 Left, right, left shuffle making ½ turn to left

ROCK STEP FORWARD, SHUFFLE BACK, ROCK STEP BACK, SHUFFLE FORWARD

1 Rock forward on right

2 Recover on left

3&4 Shuffle back right, left, right

5 Rock back on left

6 Recover forward on right 7&8 Shuffle forward left, right, left

WALK FORWARD & BACK WITH HAND MOVEMENTS

Hint: think powder blue tux and the 60s Temptations and the hand movements will come to you.

Step forward on right
 Step forward on left
 Step forward on right

4 Point left toe forward (on steps 1-3 bend slightly at waist roll right hand over left 3x on count 4

snap figures)

Step back on left
Step back on right
Step back on left

8 Point right toe slightly forward (on steps 5-7 bend slightly at waist roll right hand backwards

over left 3x on count 8 lean back snap fingers)

STEP SLIDES TO RIGHT AT RIGHT ANGLE AND LEFT WITH LEFT ANGLE

1-4 Step right to right, step left beside for, repeat touching left toe5-8 Step left to left, step right beside, repeat touching right toe

ROLLING ARMS AND SNAPPING FINGERS, TWO 1/4 TURNS TO LEFT, CROSS STEP, CROSS STEP

1 Step out on right making ½ turn to left

2 Step left shifting weight to left

3-4 Repeat 1 and 2

Cross right behind left
 Step left slightly forward
 Step right beside left

8 Step left slightly behind right

LEFT & RIGHT CROSS ROCKS WITH SIDE SHUFFLES

Step right completely across left

2 Recover on left

3&4 Side shuffle right left right

Step left across rightRecover on right

7&8 Side shuffle left, right, left

REPEAT