

# Tell Me About It

拍数: 48                      墙数: 2                      级数: Intermediate  
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音乐: Tell Me 'Bout It - Joss Stone



## TOE SWITCHES, KICK BALL CHANGES TWICE, STEP TURN

1&2                      Touch right toe out to right side, switch left toe to left side  
&3&4                      Step left back in place, kick right forward, step back in place, step left next to right  
5&6                      Kick right forward, step back in place, step left next to right  
7-8                      Step forward on right, pivot  $\frac{1}{4}$  turn left

## RIGHT LOCK STEP, ROCK, RECOVER, LEFT LOCK STEP, TOE BACK

1&2                      Step forward on right, lock left behind right, step forward on right  
3-4                      Rock forward on left, recover  
5&6                      Step back on left, lock right in front of left, step back on left  
7-8                      Touch right toe behind, pivot  $\frac{1}{2}$  turn right, (keeping weight on left foot)

## PRESS KICK, COASTER STEP, STEP PIVOT, FULL TURN

1-2                      Press forward onto right foot, lean back onto left and kick right foot forward  
4&3                      Step back on right foot, step left next to right, step forward on to right  
5-6                      Step forward on left, pivot  $\frac{1}{2}$  turn right  
7-8                       $\frac{1}{2}$  turn right stepping back on left foot,  $\frac{1}{2}$  turn right stepping forward on right foot

## LEFT LOCK STEP, ROCK, RECOVER, RIGHT LOCK STEP, TOE BACK

1&2                      Step forward on left, lock right behind left, step forward on left  
3-4                      Rock forward on right, recover  
5&6                      Step back on right, lock left in front of right, step back on the right  
7-8                      Touch left toe behind, pivot  $\frac{1}{4}$  turn left (putting weight onto left foot)

## TOE SWITCHES, HEEL SWITCHES, $\frac{1}{4}$ TURN, TOE SWITCHES, HEEL SWITCHES

1&2                      Touch right toe to right side, bring back in place, touch left toe out to left side  
&3&4                      Touch right heel forward, bring back in place, turn  $\frac{1}{4}$  left placing left heel forward  
&5&6                      Touch right toe to right side, bring back in place, touch left toe to left side  
&7&8                      Touch right heel forward, bring back in place, touch left heel forward

## STEP PIVOT, STEP PIVOT, BEHIND, SIDE, FRONT, STEP TOUCH

&1-2                      Bring left foot back in place, step forward on right, pivot  $\frac{1}{2}$  turn left  
3-4                      Step forward on right, pivot  $\frac{1}{4}$  turn left  
5&6                      Step right behind left, step left to left side, step right in front of left  
7-8                      Step left to left side, touch right next to left

**REPEAT**

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