

# Tell Me

**COPPER** **NOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Ernst Roggeveen  
音乐: Tell Me - Bobb Valentine



## 2X HITCH, TOUCH-STEP BEHIND, KICK-BALL CROSS-ROCK, STEP SIDE 2X

&                      Lift right knee up  
1                      Right foot touch behind left foot  
&                      Lift right knee up  
2                      Right foot back in place  
&                      Lift left knee up  
3                      Left foot touch behind right foot  
&                      Lift left knee up  
4                      Left foot back in place and take weight on left foot  
5                      Kick right foot in diagonal  
&                      Right foot back in place  
6                      Step left foot in front of right foot  
&                      Regain weight on right foot  
7                      Left foot step to the side  
&                      Hitch right knee  
8                      Step right foot to the side

## 3X SHOULDER PUSH, 2X HOP, KNEES LEFT, RIGHT AND FULL CIRCLE

1                      Push left shoulder to left and take weight on left foot  
2                      Push right shoulder to the right and take weight on right foot  
3                      Push left shoulder to left and take weight on left foot  
4                      Hop (jump) on both feet while turning quarter to left  
5                      Push both knees to left  
6                      Push both knees to right  
7&8                      Make full circle with both knees and pop to a hold

## STEP FORWARD, FULL TURN WITH SWEEP, BEHIND-SIDE-CROSS ETC

1                      Step left foot forward  
2&3                      Sweep with right foot, full circle to the right  
&                      Step on right foot  
4                      Step left foot next to right foot  
5                      Step right foot to right  
&                      Left foot behind right foot  
6                      Step right foot to right side  
&                      Left foot cross over right foot  
7                      Right foot step to right side  
&                      Left foot cross behind right foot  
8                      Right foot step to right side and take weight on right foot

## STEP TO SIDE, HITCH ¼ TURN, STEP TO SIDE, 3X WEIGHT CHANGE, 2X ROCK-STEP CROSS

1                      Step left foot to left foot side  
&                      Hitch right knee while turning ¼ to left  
2                      Right foot step to side while turning ¼ to left  
3                      Push weight on left leg and stretch right leg  
&                      Push weight on right leg and stretch left leg  
4                      Push weight on left leg and stretch right leg

- 5 Step right foot in front of left foot and take weight
- & Regain weight on left foot
- 6 Step right foot to right
- 7 Step left foot in front of right foot and take weight
- & Regain weight on right foot
- 8 Step left foot to left side

**REPEAT**

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