

Tell Me

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Michelle Holt (UK) & Dawn Taylor
音乐: Is There Something I Should Know - Allstars



ROCK FORWARD, TRIPLE FULL TURN RIGHT, ROCK LEFT, CROSS SHUFFLE

- 1-2 Rock forward onto right foot, recover weight back onto left
- 3&4 Make a full turn over right shoulder stepping right, left, right
- 5-6 Rock left foot out to left side, recover onto right
- 7&8 Step left foot across, right step right to right side, step left across right

STEP SIDE BEHIND AND CROSS SHUFFLE, ROCK RIGHT BEHIND AND TURN

- 9-10 Step right foot to right side, step left behind right
- &11&12 Step right foot in place and cross left foot in front of right, step right to right side, cross left over right
- 13-14 Rock right foot to right side, recover onto left
- 15&16 Step right foot behind left, step left foot to left side as you turn a ¼ turn to the left and stop forward right

KICK LEFT AND CROSS, UNWIND ½ TURN LEFT, KICK RIGHT OUT, OUT AND CROSS UNWIND ½ TURN LEFT

- 17&18 Kick left foot forward, step left foot back into place and cross right foot over left
- 19-20 Unwind ½ turn over left (this is a slow turn over 2 counts)
- 21&22 Kick right foot forward, step right foot out to right side, step left foot out to left side (feet hip distance apart)
- &23-24 Step left foot into place and cross right over left, unwind ½ turn over your left

RIGHT SIDE BEHIND, CHASSE RIGHT, CROSS ROCK ¼ TURN SHUFFLE

- 25-26 Step right to right side, cross left behind right
- 27&28 Step right to right side, step left next to right, step right to right side
- 29-30 Cross rock left over right, recover onto right
- 31&32 Turn ¼ turn over left stepping left, right, left, (facing 6:00)

You can replace steps 31 & 32 with a 1 ½ triple turn

RIGHT HOLD, RIGHT LOCK, ROCK LEFT, LEFT COASTER STEP

- 33-34 Step right foot forward, hold
- 35&36 Lock left foot behind right, step right foot forward, lock left foot behind right, step right foot forward
- 37-38 Rock left forward recover onto right
- 39&40 Step left foot back, step right next to left, step left foot forward

¼ PIVOT TURN LEFT, WEAVE STEP INTO HEEL JACK AND CROSS, STOMP

- 41-42 Step forward onto right ¼ turn left
- 43-44 Cross right over left, step left to left side
- 45&46 Step right behind left, step back onto left foot and tap right heel out to right diagonal
- &47-48 Step right foot next to left and cross left over right, stomp right foot to right side

LEFT KICK BALL CHANGE TWICE TURNING ¼ TURN RIGHT, STOMP TWICE, LEFT KICK BALL CHANGE

- 49&50 Kick left foot towards right diagonal, step left in place, step right in place
- 51&52 Kick left foot forward, step left in place, step right in place

Over these two kick-ball-changes you complete a ¼ turn to your right (facing 6:00)

53-54 Stomp left foot forward, ½ turn over right shoulder as you stomp right foot forward
55&56 Kick left foot forward, step left in place, step right in place

ROCK LEFT, ½ TURN TRIPLE, ½ TURN PIVOT TWICE

57-58 Rock forward onto left, recover onto right
59&60 Triple ½ turn over left stepping left, right, left
61-62 Step forward right ½ turn pivot over left
63-64 Step forward right ½ turn pivot over left

REPEAT
