

Tell It To My Heart

COPPER KNOB
BY STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Rebecca Ewan (UK)
音乐: Tell It To My Heart - Kelly Llorenna



KICKBALL STEP, TURN, TURN, STEP LOCK STEP, ROCK & TURN

1&2 Kick right foot forward, step right next to left, step left forward
3-4 Make ½ turn left stepping back on right foot, make a further ½ turn left stepping forward on left foot
5&6 Step forward right, lock left foot behind right, step forward right
7&8 Rock forward on left foot, make ½ turn left stepping left foot forward

TOUCH CROSS, TOUCH CROSS, ½ MONTEREY TURN, BUMP LEFT, RIGHT

1-2 Touch right toe to the side, cross right over left
3-4 Touch left toe to the side, cross left over right
5&6 Touch right toe to the side, turn ½ right bringing right foot next to left, touch left toe to the side
7-8 Bump hips left, right

SKATE, SKATE, TURN SHUFFLE, ROCK RECOVER, TURN TRIPLE STEP

1-2 Skate left, right, remaining on the spot
3&4 Step left forward making ¼ turn left, slide right up, step left
5-6 Rock forward right, recover onto left
7&8 Make ¾ turn right, stepping right, left, right

SIDE, SLIDE, SIDE BEHIND TURN, 2 FULL TURNS

1-2 Step left to side, slide right up
3&4 Step right to the side, cross left behind right, step right to the side making ¼ turn right
5-6 Make ½ turn right stepping back on left, make another ½ turn right stepping right foot forward
7-8 Make ½ turn right stepping back on left, make a further ½ turn right stepping right foot forward

BRUSH SIDE, SWAY RIGHT, LEFT, BRUSH SIDE, SWAY LEFT, RIGHT

1-2 Brush left foot against right, step left foot to the left side
3-4 Sway right, left
5-6 Brush right foot against left, step right foot to the right side
7-8 Sway left, right

CROSS & HEEL, & CROSS & HEEL, KICK FORWARD SIDE, SWEEP TURN STEP

1&2 Cross left foot over right, step slightly back on right, touch left heel forward
&3&4 Bring left heel in, cross right foot over left, step slightly back on left, touch right heel forward
&5-6 Bring right heel in, kick left foot forward, kick left foot to the left side
7-8 Sweep left foot round making ¾ turn left, step in place with left

BRUSH, TURN, COASTER STEP, KICK & SIDE, & SIDE HITCH TURN

1-2 Brush right foot forward against left, touch right foot forward making ¼ turn right
3&4 Step back on right, together with left, forward on right
5&6 Kick left foot forward, step left foot in place, touch right toe to the side
&7&8 Step right foot next to left, touch left toe to the side, hitch left knee making ¼ turn right, touch left toe to the side

CROSS ROCK, TURN SHUFFLE, TURN HALF QUARTER, BRUSH HITCH TOUCH

1-2 Cross rock left over right, recover onto right

- 3&4 Step left to the side, slide right foot up, step forward left making $\frac{1}{4}$ turn left
5-6 Make $\frac{1}{2}$ turn left stepping back on right, make a further $\frac{1}{4}$ turn left stepping left to the side
7&8 On the left diagonal, brush right against left, hitch right knee, touch right foot next to left straightening up again

REPEAT

TAG

Danced after 48 counts on the 5th sequence

KICKBALL TOUCH, & HEEL, & STEP

1&2 Kick right foot forward, step right next to left, touch left foot forward

&3 Step back on left, touch right heel forward

&4 Step right foot next to left, step left foot forward

End of dance!

RESTARTS

2nd sequence after 16 counts

5th sequence after 48 counts are danced followed by the tag

6th sequence after 48 counts

ENDING

The last 2 counts (brush, hitch, touch) can be replaced by crossing right over left and unwinding a full turn left on the 7th sequence
