

Tell Him

拍数: 64 墙数: 4 级数: Improver
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音乐: Tell Him - Vonda Shepard



STEP, HOLD, STEP, HOLD, STEP, PIVOT ½ RIGHT, STEP, HOLD

1-2 Step left forward, hold
3-4 Step right forward, hold
5-6 Step left forward, pivot ½ right
7-8 Step left forward, hold

STEP, HOLD, STEP, HOLD, ROCK, RECOVER, ¼ TURN RIGHT AND STEP, HOLD

9-10 Step right forward, hold
11-12 Step left forward, hold
13-14 Rock right forward, recover onto left
15-16 Turn ¼ right and step right foot right, hold

½ TURN RIGHT AND STEP, ½ TURN RIGHT AND STEP, CROSS, HOLD, ROCK, RECOVER, CROSS, STEP

17-18 Turn ½ right and step left foot left, turn ½ right and step right foot right
19-20 Cross left foot over right, hold
21-22 Rock right foot right, recover onto left
23-24 Cross right foot over left, step left foot left

CROSS BEHIND, ¼ TURN LEFT, STEP, HOLD, PIVOT ½ LEFT, HOLD, STEP, PIVOT ¼ LEFT

25-26 Cross right foot behind left, ¼ turn left and step left foot forward
27-28 Step right foot forward, hold
29-30 Pivot ½ left, hold
31-32 Step right foot forward, pivot ¼ left

CROSS, CLAP, CLAP, POINT, CLAP, CROSS, CLAP, CLAP, POINT, CLAP

33-34& Cross right over left, clap, clap
35-36 Point left toe left, clap
37-38& Cross right over left, clap, clap
39-40 Point left toe left, clap

STEP, HOLD, PIVOT ½ LEFT, HOLD, STEP. LOCK, STEP, HOLD

41-42 Step right forward, hold
43-44 Pivot ½ left, hold
45-46 Step right forward, lock left behind right
47-48 Step right forward, hold

½ TURN RIGHT AND STEP, CLAP, ½ TURN RIGHT AND STEP, CLAP, ½ TURN RIGHT AND STEP, CLAP, ROCK, RECOVER

49-50 ½ turn right and step left back, clap
51-52 ½ turn right and step right forward, clap
53-54 ½ turn right and step left back, clap
55-56 Rock right foot back, recover onto left

ROCK, RECOVER, CROSS, HOLD, ROCK, RECOVER, TOUCH, HOLD

57-58 Rock right foot right, recover onto left
59-60 Cross right over left, hold

61-62 Rock left foot left, recover onto right
63-64 Touch left next to right, hold

REPEAT
