

Tell Him

拍数: 42 墙数: 4 级数: Intermediate
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音乐: Tell Him - Billie Davis



JUMP FORWARD, JUMP BACK, TOE HITCH & CLAP TWICE

- 1&2 Jump forward and clap
- 3&4 Jump back and clap
- 5&6 Point left toe to side, hitch left leg and clap
- 7&8 Point left toe to side, hitch left leg and clap

¾ CAJUN SHUFFLE, BACK LOCK STEP

- 9&10 Cross left foot in front of right with ¼ turn, transfer weight to right with ¼ turn right, step weight back onto left with ¼ turn right
- 11&12 Step back right, lock left in front of right, step back left

KICK & JUMP BACK, HIP BUMPS WITH HITCH HIKE THUMBS

- 13-16 Kick left foot forward and jump back right, left and clap
- 17-18 Leaning to right bump hips right, right with hitch hike thumb right hand
- 19-20 Leaning to left bump hips left, left with hitch hike thumb left hand

SIDE MAMBO, FORWARD SHUFFLE, SIDE MAMBO AND CROSS

- 21&22 Rock right foot out to side and return weight to left
- 23&24 Shuffle forward left, right, left
- 25&26 Rock out right foot to side and return weight to left, cross right in front of left with weight on right

LEFT KICK BALL CROSS, ¼ TURN WITH REVERSE TOE TAPS

- 27&28 Kick left forward, step weight onto left and cross right in front of left (weight on right)
- 29&30 Tap left toe back, tap toe 1/8 turn right, tap toe 1/8 turn to right

¼ TURN LEFT WITH REVERSE KNEE/HIP ROLL TWICE

- 31&32 ¼ turn left with knees together, rotate hips to the left at same time as knees moving to the left
- 33&34 ¼ turn left with knees together, rotate hips to the left at same time as knees moving to the left

HITCH & SHUFFLE BACK, HITCH ½ TURN, FORWARD SHUFFLE

- &35&36 Hitch left and shuffle back left, right, left
- &37&38 Hitch right while turning ½ turn right, shuffle forward right, left, right

LEFT ROCK STEP, ¾ SHUFFLE LEFT

- 39-40 Rock forward on left foot and return weight to right
- 41&42 Shuffle ¾ turn left on left, right, left

REPEAT
