

Tell Her

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Anita Ludlow (UK)
音乐: Someone Should Tell Her - The Mavericks



DOUBLE ROCK IN PLACE, LUNGE BACK, STEP FORWARD & HOLD

1-4 Weight on both feet shoulder width apart, rock hips to right then left, back right then left
5-8 Lunge back on right leg, rock left in place, step forward on right & hold for one count

DOUBLE ROCK IN PLACE, LUNGE BACK, STEP FORWARD & HOLD

9-12 Step left to left side (feet shoulder width apart) & with weight on both feet rock hips to left then right, back left then right
13-16 Lunge back on left leg, rock right in place, step forward on left & hold for one count

ROCK SIDE CROSS HOLD. ROCK SIDE, QTR TURN, & FORWARD ROCK

17-20 Rock right out to right side, rock left in place, cross right over left (with body facing diagonal left) & hold for one count
21-24 Rock left out to left side (body now facing home wall) rock right in place, qtr turn right & rock forward on left, rock back on right

STEP, LOCK, STEP, HOLD, HALF PIVOT, TWIST WITH TOE/HEEL

25-28 Step forward on left, lock step right behind left, step forward on left & hold for one count
29-32 Step forward on right & half pivot turn to left, stepping on left, swivel on left toe turning heel inwards, at same time touch right toe next to left, still on left toe, swivel heel back to center, touching right heel next to left.

Right hip to right side with right toe and back to center with right heel

REPEAT
