

Teenage Kicks

拍数: 48 墙数: 4 级数: Intermediate
编舞者: John Dowling (UK)
音乐: Teenage Kicks - The Undertones



STEP FORWARD, HEEL BOUNCES, TOUCH KICK, COASTER STEP

1-2 Step right foot forward, lift both heels off the ground
3-4 Bounce in place on both heels twice
5-6 Touch right toe to left instep, kick right foot forward
7&8 Step slightly back on right, step left next to right, step right slightly forward (12:00)

STEP FORWARD, HEEL BOUNCES, TOUCH KICK, COASTER STEP

1-2 Step left foot forward, lift both heels off the ground
3-4 Bounce in place on both heels twice
5-6 Touch left toe to right instep, kick left foot forward
7&8 Step slightly back on left, step right next to left, step left slightly forward (12:00)

TOUCH, CROSS, ¼ TURN RIGHT, BACK STEPS, TOUCH BACK, STEP, RIGHT SHUFFLE FORWARD

1-2 Touch right toe out to side, cross step right over left
3-4 Making a ¼ turn right step back on left, step back on right
5-6 Touch left toe back, step left foot forward
7&8 Step right foot forward, slide left to meet right, step right foot forward (3:00)

ROCK RECOVER, SHUFFLE ½ TURN, STEP PIVOT ½ TURN, KICK-BALL-STEP

1-2 Rock step forward on left, recover weight back onto right
3&4 Making ½ turn left shuffle forward left, right, left
5-6 Step forward on right, pivot ½ turn left transferring weight onto left
7&8 Kick right foot forward, step down with weight on right ball of foot, left step forward

Restart dance at this point on wall 3: facing 3:00

STEP TURN, TOUCH TURN, ROCK RECOVER, LEFT SHUFFLE FORWARD

1-2 Step right foot forward, make a ¼ turn left pivoting on both feet (up on toes)
3-4 Touch left toe straight back, make a ¼ turn left pivoting on both feet (up on toes, weight on right)
5-6 Rock step back on left, recover weight forward onto right
7&8 Step left foot forward, slide right to meet left, step left foot forward (9:00)

STEP TURN, TOUCH TURN, ROCK RECOVER, LEFT SHUFFLE FORWARD

1-2 Step right foot forward, make a ¼ turn left pivoting on both feet (up on toes)
3-4 Touch left toe straight back, make a ¼ turn left pivoting on both feet (up on toes)
5-6 Rock step back on left, recover weight forward onto right
7&8 Step left foot forward, slide right to meet left, step left foot forward (3:00)

REPEAT

RESTART

On 3rd wall dance to end of section 4 and restart dance