Technicolor

拍数: 32

级数: Improver

编舞者: Gary Lafferty (UK)

音乐: Any Dream Will Do - Jason Donovan

SIDE, HOLD, CROSS-ROCK, RECOVER, ¼ TURN, HOLD, ROCK FORWARD, RECOVER

- 1-2 Step to left on left foot, hold
- 3-4 Cross-rock right foot over left, recover weight back onto left foot
- 5-6 Turn ¼ right stepping forward onto right foot, hold
- 7-8 Rock forward onto left foot, recover weight back onto right foot

STEP BACK, HOLD, SLOW COASTER STEP, HOLD, STEP FORWARD, ½ TURN

- 1-2 Step back on left foot, hold
- 3-4 Step back on right foot, step on left foot beside right
- 5-6 Step forward on right foot, hold
- 7-8 Step forward on left foot, pivot ¹/₂ turn to right

1⁄4 TURN, HOLD ; BEHIND, SIDE, CROSS, POINT, BEHIND, 1⁄4 TURN

- 1-2 Make a further ¼ turn right stepping to left on left foot, hold
- 3-4 Cross-step right foot behind left, step to left on left foot
- 5-6 Cross-step right foot over left, point left foot out to left side
- 7-8 Cross-step left foot behind right, turn ¼ right stepping forward onto right foot

1/4 TURN, HOLD, BEHIND, SIDE, CROSS, HOLD, SWEEP AROUND 1/4 TURN

- 1-2 Make a further ¼ turn right stepping to left on left foot, hold
- 3-4 Cross-step right foot behind left, step to left on left foot
- 5-6 Cross-step right foot over left, hold
- 7-8 Make a ¼ turn right over 2 counts sweeping left foot around to touch beside right (keeping weight on right)

REPEAT





墙数:4