

Tangled Up

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Barbara R. K. Wallace (CAN)
音乐: Tangled Up In You - The Cruzeros



ROCK, RECOVER & ROCK, RECOVER, ¼ SHUFFLE LEFT, PIVOT LEFT

- 1-2 Rock forward on right, recover back onto left
- &3-4 Step right next to left, rock forward on left, recover back onto right
- 5&6 Make a ¼ turn to left as you shuffle left, right, left
- 7-8 Step forward on the right foot and pivot ½ left (weight is on left foot)

ROCK, RECOVER & ROCK, RECOVER, ¼ SHUFFLE LEFT, FULL TURN TO THE LEFT TRAVELING FORWARD

- 9-10 Rock forward on right, recover back onto left
- &11-12 Step right next to left, rock forward on left, recover back onto right
- 13&14 Make a ¼ turn to left as you shuffle left, right, left
- 15-16 Make a full turn (to the left) as you step forward right, left (travel forward)

WALK FORWARD RIGHT, LEFT, TOUCH RIGHT TOE TO SIDE, ¼ TURN RIGHT, SWAY FORWARD AND BACK, LEFT HEEL JACK

- 17-18 Walk forward right, left
- 19-20 Touch right toe to right side, make ¼ turn right on balls of both feet (right foot is now in front of left foot with weight on left foot)
- 21-22 Sway weight forward on right foot (leaning into right hip), then sway weight back onto left foot (leaning into left hip)
- &23&24 Step back on right foot, place the left heel forward, step on the left foot and touch the right toe beside the left foot

ROCK SIDE RIGHT, RECOVER LEFT, STEP RIGHT BEHIND, ROCK SIDE LEFT RECOVER RIGHT, STEP LEFT BESIDE RIGHT AND SWIVEL HEELS LEFT, RIGHT, LEFT MAKING ¼ TURN RIGHT

- 25-26-27 Rock side right, recover onto left foot, step right foot behind left foot
- 28-29-30 Rock side left, recover onto right foot, step left foot beside right foot
- 31&32 Swivel both heels left, right, left, making ¼ turn right (weight ends of left foot)

REPEAT
