

Tamale Ridge

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: David Spencer (UK)
音乐: Tamale Ridge - Joe Paul Nichols



My thanks go to John Coates of Flatliners for his help in the preparation of this and my previous dance, Dreaming In Colour

WALKS FORWARD & HOLD, ½ TURN & WALKS BACK & HOLD

1-4 Walk forward left, right, left, hold
5 On ball of left pivot half turn left stepping back on right
6-8 Step back left, right, hold

¼ TURN TOUCH ¼ TURN & HOLD, PRISSY WALKS FORWARD & HOLD

9 Step left slightly back making quarter turn left
10 Touch right toe next to left
11-12 Step right forward making quarter turn right, hold
13 Step left forward across right (angling body to right diagonal)
14 Step right forward across left (angling body to left diagonal)
15-16 Step left forward across right (angling body to right diagonal), hold

Counts 13-15 can be replaced with a full turn right stepping left, right, left

SYNCOPATED TOUCH & CROSS STEPS

17-18 Touch right toe to right, hold
&19-20 Touch right toe next to left, touch right toe to right, cross step right over left
21-22 Touch left toe to left, hold
&23-24 Touch left toe next to right, touch left toe to left, cross step left over right

STEP & SYNCOPATED TOUCH, TURN & RONDE

25-26 Long step to right on right foot, hold
&27-28 Touch left toe next to right, touch left toe to left, touch left toe next to right
29 Step left quarter turn left
30 Sweep right foot around starting to make half turn left on ball of left
31 Completing the sweep, touch right toe next to left
32 Push right heel down while lifting left heel off the floor

REPEAT

If you experience any difficulty in obtaining the Joe Paul Nichols CD, contact Country Sounds (0287 135 1717) or Record Corner (0208 673 9192) who may be able to assist.