

Tall, Tall Trees

COPPER KNOB
STEPSHEETS

拍数: 44 墙数: 4 级数: Beginner
编舞者: Chris Sepper
音乐: Tall, Tall Trees - Alan Jackson



HEELS, TOES, HEELS, TOES:

- 1 Pivot both heels to the right.
- 2 Pivot both toes to the right.
- 3 Pivot both heels to the right.
- 4 Pivot both toes to the center.

STEP FORWARD, HITCH, STEP BACK, TOUCH:

- 5 Step left foot forward.
- 6 Raise right knee.
- 7 Step right foot backwards.
- 8 Touch left toe back.

STEP FORWARD, HITCH, STEP BACK, TOGETHER:

- 9 Step left foot forward.
- 10 Raise right knee.
- 11 Step right foot backwards.
- 12 Place left foot next to right.

HEELS, TOES, HEELS, TOES:

- 13 Pivot both heels to the left.
- 14 Pivot both toes to the left.
- 15 Pivot both heels to the left.
- 16 Pivot both toes to the center.

STEP FORWARD, HITCH, STEP BACK, TOUCH:

- 17 Step right foot forward.
- 18 Raise left knee.
- 19 Step left foot backwards.
- 20 Touch right toe back.

STEP FORWARD, HITCH, STEP BACK, TOGETHER:

- 21 Step right foot forward.
- 22 Raise left knee.
- 23 Step left foot backwards.
- 24 Touch right toe next to left instep.

HEEL, TOUCH, HEEL, TOUCH:

- 25 Touch right heel to front.
- 26 Touch right toe next to left instep.
- 27 Touch right heel to front.
- 28 Touch right toe next to left instep.

BUMP, BUMP, BUMP, BUMP:

- 29 On a forward diagonal, bump right hip forward.
- 30 On a forward diagonal, bump right hip forward.
- 31 On a forward diagonal, bump left hip backward.

32 On a forward diagonal, bump left hip backward.

HIP ROLLS:

33 Roll hips forward.

34 Roll hips backward.

35 Roll hips forward.

36 Roll hips backward (weight on left foot).

HEEL, TOUCH, HOOK, PIVOT:

37 Touch right heel to front.

38 Touch right toe to right side.

39 Hook right foot behind left ankle (with weight remaining on left).

40 Pivot $\frac{1}{4}$ turn to the left

ROCK BACK, ROCK FORWARD, STOMP, CLAP:

41 Rock back on right foot.

42 Rock forward on left foot.

43 Stomp right foot next to left.

44 Clap.

REPEAT
