

# Talk About It

拍数: 80      墙数: 2      级数: Intermediate  
编舞者: Joy Huggins (USA)  
音乐: Talk About It - Nicole C. Mullen



## QUICK STEPS: FORWARD, BACK, FORWARD, FORWARD, THEN BACK 4X

&1&2      Step right-left forward, step right-left back  
&3&4      Step right-left forward, step right-left forward  
&5&6      Step right-left back, step right-left back  
&7&8      Step right-left back, step right-left back

## KICK & TOUCH (RIGHT THEN LEFT), HEEL BOUNCE FULL TURN

9&10      Right kick-ball-touch left toe to left side  
11&12      Left kick-ball-touch right behind left  
13-16      Bounce heels 4x making full turn to the right (to front), pulsing hands downwards, weight ending right

## SIDE SHUFFLES WITH BACK ROCK-STEPS

17&18      Shuffle to left side, stepping left-right-left  
19-20      Rock right back, recover on left  
21&22      Shuffle to right side, stepping right-left-right  
23-24      Rock left back, recover on right

## FORWARD SHUFFLES AND ½ PIVOT TURNS

25&26      Shuffle forward left-right-left  
27&28      Shuffle forward right-left-right  
29-30      Step forward left, turn ½ right taking weight on right  
31-32      Step forward left, turn ½ right taking weight on right

33-40      Repeat forward shuffles and ½ pivot turns

**On & count after count 40, step left to left side, shoulder-width apart**

## HIP BUMPS SWINGING ARMS SIDE TO SIDE, LEFT HIP BUMP 4X "TWIRLING" RIGHT HAND

41-42      Right hip bump (swing arms up and to the right), left hip bump (swing arms up and to the left)  
43-44      Right hip bump (swing arms up and to the right), left hip bump (swing arms up and to the left)

**Settle in to left hip with left hand on left hip**

45-48      Left hip bump 4x, right hand going around as if swinging a chain

## SHUFFLE RIGHT TURNING ¼, STEP LEFT TURN ½, SHUFFLE LEFT FORWARD, STEP RIGHT ¼ TURN LEFT

49&50      Pivot ¼ turn right and shuffle forward right-left-right  
51-52      Step forward left, turn ½ right taking weight on right  
53&54      Shuffle forward left-right-left  
55-56      Step forward right, turn ¼ left taking weight on left

## SAILOR STEPS

57&58      Right sailor step  
59&60      Left sailor step  
61&62      Right sailor step  
63&64      Left sailor step

## KICK STEP STEP & KNEE POPS

65&66 Kick right across left, recover right, step left to left side shoulder-width apart  
67-68 Pop right knee towards left (like Elvis), pop knee back to straight leg keeping weight on left  
69-72 Repeat counts 65-68

### **SAILOR STEPS**

73&74 Right sailor step  
75&76 Left sailor step  
77&78 Right sailor step  
79&80 Left sailor step

### **REPEAT**

### **TAG**

**Beginning of 3rd wall only, facing front**

**RIGHT TAP FORWARD, TOGETHER, RISE UP, BEND (PLIE), BUMP LEFT HIP 4X**

1-2 Tap right toe forward, bring back to 3rd position  
3-4 Rise up on toes, plie down, (slight bend in knees)  
5-8 Bump hips left 4x  
9-16 Repeat

### **FINISH**

**End of song, you'll be facing the front wall**

65-68 Kick step step, knee pop, keep weight on left  
69-70 Point right toe forward and circle to the right (ronde) for "let the redeemed of the lord"  
71-72 Tap right ball of foot twice next to left for "say so"

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