Taking Time

拍数: 32

级数: Improver

编舞者: Lynne Flanders (USA)

音乐: Taking Time - Maggie Austin

WALK FORWARD 2, FORWARD & BACK (FORWARD-COASTER)

- 1-2 Walk forward (right, left)
- 3&4 Step forward on right, step together on left, step back on right

WALK BACK 2, BACK & CROSS (COASTER-CROSS)

- 5-6 Walk back (left, right)
- 7&8 Step back on left, step together on right, cross-step in front on left

SIDE-ROCK, CROSS & CROSS, RIGHT & LEFT

- 9-10 Rock-step right, recover-step left
- Cross-step in front on right, step left on left, cross-step in front on right 11&12
- 13-14 Rock-step left, recover-step right
- 15&16 Cross-step in front on left, step right on right, cross-step in front on left

TOE-HEEL STRUTS RIGHT, CROSS, BACK, 1/4

- 17-18 Step right on ball of right, drop heel
- 19-20 Cross-step in front on ball of left, drop heel
- 21-22 Step back on ball of right, drop heel
- 23-24 Step turning ¹/₄ left on ball of left, drop heel (9:00)

CROSS-ROCK, CHASSE; CROSS-ROCK, LEFT & FORWARD

- 25-26 Cross-rock-step in front on right, recover-step back on left
- 27&28 Step right on right, step together on left, step right on right
- 29-30 Cross-rock-step in front on left, recover-step back on right
- 31&32 Step left on left, step together on right, step forward on left

REPEAT





墙数: 4