

Take The Wheel

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Aaron 'Outrageous' Rogers (UK)
音乐: Jesus, Take the Wheel - Carrie Underwood



SIDE, ROCK RECOVER, SIDE, ¼ CROSS UNWIND, SIDE, ROCK RECOVER ¼, SHUFFLE

- 1-2& Step right to right side, rock back on left, recover on right
- 3-4 Step left to left side to make ¼ turn left, cross right over left and unwind ¾ turn left
- 5-6& Step left to left side, rock back on right, recover on left
- 7 Make a ¼ turn right stepping forward on right
- 8&1 Shuffle or lock step forward stepping left right left

ROCK RECOVER ¼, ROCK RECOVER SIDE, ROCK RECOVER ½, FULL TURN, SWEEP

- 2&3 Rock forward on right, recover on left, make a ¼ turn right stepping right to right side
- 4&5 Rock back on left, recover on right, step left to left side
- 6&7 Rock back on right, recover on left, make a ½ turn left stepping back on right
- 8&1 Make a ½ turn left stepping forward on left, make another ½ turn left stepping back on

RIGHT, RELEASE LEFT FOOT AND SWEEP BEHIND RIGHT, BEHIND SIDE CROSS, ROCK RECOVER CROSS, ¼ ¼ CROSS ROCK, RECOVER

- 2&3 Step left behind right, step right to right side, cross left over right
- 4&5 Rock right to right side, recover on left, cross right over left
- 6&7 Make ¼ turn right stepping back on left, make ¼ turn right stepping right to right side, rock left over right
- 8 Recover on right

¼ SHUFFLE, STEP ½ POINT, CROSS BACK SIDE TWICE

- 1&2 Make a ¼ turn left stepping left right left
- 3&4 Step forward right, pivot ½ turn left stepping onto left, point right to right side

Restart here on the 1st and 5th wall

- 5&6 Cross right over left, step back left, step right to right side
- 7&8 Cross left over right, step back right, step left to left side

REPEAT

TAG

After 2nd wall

- 1&2 Rock forward right, recover on left, make ½ turn right stepping forward right
- 3&4 Step forward left, ½ pivot right stepping onto right, step forward left