

# Take Note

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Ronnie Fortt (UK)  
音乐: Write This Down - George Strait



## SIDE, BEHIND, SIDE SHUFFLE, CROSS ROCK, SIDE-HOLD

1-2            Step right to right side, cross-step left behind right  
3&4           Step right to right side, step left beside right, step right to right side  
5-6           Rock left across & in front of right, rock weight back onto right  
7-8           Step left out to left side, hold (feet are apart)

## &-SIDE-HOLD, &-SIDE-HOLD, 2X (¼-LEFT) PADDLE TURNS (ROLLING HIPS AS YOU TURN)

The following counts (&1-4) are traveling to the left

&1-2           Step right beside left, step left to left side, hold  
&3-4           Step right beside left, step left to left side, hold  
5-6           Touch right forward, rotate ¼ left  
7-8           Touch right forward, rotate ¼ left

## STEP POINT LEFT, STEP POINT RIGHT, CROSS SHUFFLE, SIDE SHUFFLE

1-2           Step right forward, point left out to left side  
3-4           Step left forward, point right out to right side  
5&6           Cross-step right over left, step left to left side, cross-step right over left  
7&8           Step left to left side, step right beside left, step left to left side

## ROCK STEP (¼-RIGHT), KICK-BALL-CHANGE, TOE STRUTS

1-2           Rock back onto right making a ¼ turn right, rock weight forward onto left  
3&4           Kick right forward, step right beside left, step left beside right  
5-6           Step right toe forward, drop right heel to floor  
7-8           Step left toe forward, drop left heel to floor

REPEAT

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