

Take Me Home

拍数: 32 墙数: 2 级数: Improver
编舞者: Joan Cobey (UK)
音乐: Long Black Train - Allison Moorer



STEP SIDE, BEHIND, ¼ TURN RIGHT SHUFFLE, STEP ½ TURN RIGHT LEFT SHUFFLE

- 1-2 Step to right on right foot, step behind with left foot
- 3&4 ¼ turn to right with shuffle right, left, right
- 5-8 Step forward on left foot, ½ turn to right and shuffle left right, left

CROSS, BACK, SIDE CROSS IN FRONT, SIDE CROSS BEHIND, SIDE ROCK ¼ TURN LEFT, SHUFFLE

- 1-2 Cross right foot over left, step back on left foot
- &3&4 Step to right on right foot and cross in front with left, step to right on right foot and cross behind with left
- 5-6 Rock to right side on right foot and rock on left while turning ¼ turn left
- 7&8 Shuffle forward right, left, right

SHUFFLE ½ PIVOT LEFT, SHUFFLE ½ PIVOT RIGHT

- 1-4 Shuffle left, right, left, step forward on right foot, pivot ½ turn to left
- 5-8 Shuffle right, left, right, step forward on left foot, pivot ½ turn to right

HEEL SWITCHES, CROSS HEEL SWITCH, CROSS HEEL SWITCH, HEEL JACK & STOMP

- 1-2 Left heel forward, switch to right heel forward
- &3&4 Step back on right foot, step across with left, step back on right foot with left heel forward diagonally to left
- &5&6 Step back on left foot, step across with right, step back on left foot with right heel forward diagonally to right
- &7&8 Step back on right foot with left heel forward, step in place on left foot and stomp right next to left

REPEAT
