

Take It To The Limit

COPPER KNOB
BY STEPHEN T. C.

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Carmel Hutchinson (USA)
音乐: Take It to the Limit - Eagles



½ RIGHT, BACK LEFT, BACK RIGHT - BACK LEFT, ½ RIGHT, FORWARD LEFT

1-2-3 Step right forward starting ½ turn right, finish turn as you step left back, step right back
4-5-6 Step left back, step right back starting ½ turn right, finish turn as you step left forward

FORWARD, BACK, ½ RIGHT - ½ RIGHT, BACK RIGHT, BACK LEFT

1-2-3 Step right forward, step left back, step right back into ½ turn right
4-5-6 Step left forward into ½ turn right, step right back, step left back

CROSS, BACK, BACK - CROSS, BACK, BACK

1-2-3 Cross right over left, step left back, step right back
4-5-6 Cross left over right, step right back, step left slightly back

SIDE ROCK RIGHT-LEFT, ¼ RIGHT - ¼ RIGHT, BEHIND, SIDE

1-2-3 Side rock right, side rock left, side step right into ¼ turn right
4-5-6 Step left forward into ¼ turn right, cross right behind left, side step left

CROSS, REPLACE, ¼ RIGHT - ½ RIGHT, ¼ RIGHT, CROSS

1-2-3 Cross right over left, replace weight left, side step right into ¼ turn right
4-5-6 Step left forward into ½ turn right, step right back into ¼ turn right, cross left over right

SIDE, BACK, CROSS - SIDE, BACK, CROSS (MOVING BACK)

1-2-3 Side step right, step left back, cross right over left
4-5-6 Side step left, step right back, cross left over right

¼ RIGHT, FORWARD LEFT, PIVOT ½ RIGHT - FORWARD LEFT, FORWARD RIGHT, PIVOT ¼ LEFT

1-2-3 Side step right into ¼ turn right, step left forward, pivot ½ right (weight right)
4-5-6 Step left forward, step right forward, pivot ¼ left (weight left)

FORWARD, REPLACE, ½ RIGHT - FORWARD BASIC

1-2-3 Step right forward, replace weight left, step right back into ½ turn right
4-5-6 Step left forward, step right forward next to left, step left forward

REPEAT
