

Take It From Me

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Vincent Dupri (UK)
音乐: Take It From Me - Emerson Drive



LEFT TWINKLE, TWINKLE ½ TURN

1-3 Cross left over right, rock right to right side, replace weight on left
4-6 Cross step right over left, make ¼ turn right stepping back on left, ¼ turn right stepping right to side

LEFT TWINKLE, TWINKLE ½ TURN

7-9 Cross left over right, rock right to right side, replace weight on left
10-12 Cross step right over left, make ¼ turn right stepping back on left, ¼ turn right stepping right to side

CROSS POINT HOLD, BACK POINT HOLD

13-15 Cross left over right, point right to right side, hold for 1 count
16-18 Cross right behind left, point left to left side, hold for 1 count

WEAVE RIGHT, SIDE STEP RIGHT, SLIDE (OVER 2 COUNTS)

19-21 Cross step left over right, step right to right side, cross left behind right
22-24 Long step right to right side, slide left toe towards right foot (over 2 counts). (weight on right)

¼ LEFT STEP FORWARD, POINT, HOLD. BEHIND SIDE CROSS

25-27 ¼ left long step forward on left, point right toe out to right side, hold for 1 count
28-30 Cross right behind left, step left to left side, cross right over left

SWAY LEFT, SWAY RIGHT

31-33 Step left to left side as you sway to left over 3 counts
34-36 Replace weight onto right & sway to right over 3 counts

STEP FORWARD, SWEEP TWICE

37-39 Step forward on left, sweep right out to right side & over left for 2 counts
40-42 Step forward on right, sweep left out to left side & over right for 2 counts

CROSS ¼ STEP BACK, COASTER STEP

43-45 Cross step left over right, make ¼ turn left stepping back on right, step back on left
46-48 Right step back ball of foot, left step next to right, right step forward

REPEAT

RESTART

On the 5th wall, dance to count 24, then restart dance (facing front wall)