

Take It Easy

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Beginner
编舞者: Sho Botham (UK)
音乐: It Don't Get Better Than This - Rodney Crowell



ROCKS FORWARD AND BACK, STEP BACK TWICE, SHUFFLE FORWARD

1-4 Rock forward right, rock back left, rock forward right, rock back left (open line, relaxed knees throughout the four rocks, styling option - add forward and back hip action with the rocks)
5-6 Step back right, left
7&8 Shuffle forward right-left-right

ROCKS FORWARD AND BACK, STEP BACK TWICE, SHUFFLE FORWARD

9-12 Rocks, forward left, back right, forward left, back right (same styling etc as section 1)
13-14 Step back left, right
15&16 Shuffle forward left-right-left

SIDE TOUCHES AND HITCHES

17-18 Touch right to right, close right beside left
19-20 Hitch left, close left beside right
21-22 Touch right to right, close right beside left
23-24 Hitch left (styling option - open line), close left beside right

SHUFFLES IN A CIRCLE MAKING $\frac{3}{4}$ TURN

Traveling in a small circle to left making $\frac{3}{4}$ turn

25&26 Shuffle forward right-left-right
27&28 Shuffle forward left-right-left
29&30 Shuffle forward right-left-right
31&32 Shuffle forward left-right-left

REPEAT
