

# Take It Easy

**COPPERKNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数:  
编舞者: Diane Benton (UK) & John Benton (UK)  
音乐: Hard On the Ticker - Tim McGraw



- 
- |       |   |
|-------|---|
| 1-2   | Rock forward on right, rock back on left  |
| 3-4   | Rock back on right, rock forward on left  |
| 5     | Stomp right beside left   |
| 6     | Swivel heels to right   |
| 7     | Swivel toes to right  |
| 8     | Swivel heels to right   |
| 9-10  | Rock forward on left, rock back on right  |
| 11-12 | Rock back on left, rock forward on right  |
| 13    | Stomp left beside right   |
| 14    | Swivel heels to left  |
| 15    | Swivel toe to left  |
| 16    | Make $\frac{1}{4}$ turn right on left foot (right foot slightly raised off floor) |
| 17-18 | Step forward on right, kick left forward  |
| 19    | Step back on left making $\frac{1}{4}$ turn right                                 |
| 20    | Point right toe to right side   |
| 21-22 | Step forward on right, kick left forward  |
| 23    | Step back on left making $\frac{1}{4}$ turn right                                 |
| 24    | Point right toe to right side   |
| 25    | Cross right over left   |
| 26    | Step left to left side  |
| 27    | Cross right behind left   |
| 28    | Make $\frac{1}{4}$ turn on left   |
| 29    | Stomp right forward   |
| 30-32 | Raise & lower heels 3 times while making $\frac{1}{4}$ turn to left               |

**REPEAT**

---